

**Office of Adult and Continuing Education
Short Courses Series 2009**

1. APPLICANT DETAILS: Surname: _____

First Name(s): _____
(As on Birth Certificate)

Title (eg. Ms./Mr./Mrs.): _____ Sex (F or M): _____

ADDRESS FOR CORRESPONDENCE (FOR DURATION OF STUDY PROGRAMME)
(THIS ADDRESS WILL ONLY BE USED IN CONNECTION WITH YOUR
APPLICATION) (BLOCK CAPITALS)

Telephone No: Day _____ Evening/
Mobile _____

Email: _____

2. CHOICE OF PROGRAMME

Please indicate which short course(s) you would like to register for:

- Contemporary Irish Poetry
- History of Art: Renaissance and Baroque
- Introduction to Renewable Energies, Energy Awareness
- Brush Up Your Spanish
- Female Characters and Images in Russian Literature: Past and Present
- The mobile phone and the internet: a good thing or a nuisance?
- Focus on your Career Success!
- Introduction to Archaeology
- Introduction to Genealogy
- The Irish Short Story
- Brush up your German
- Creative Writing
- Philosophy and the Birth of Ideas
- Great Stories from the Ancient World
- Your Money Let's Sort it
- The Alexander Technique

**3. PLEASE INDICATE ANY SPECIAL NEEDS THAT YOU MAY HAVE
IN UNDERTAKING THE PROGRAMME.**

I ENCLOSE € _____ IN RESPECT OF COURSE FEES.

Signature: _____

Date: _____

Application forms (along with fee payment) should be returned to
Ms. Niamh McHugh, Short Courses Series 2009, Adult and
Continuing Education Office, NUI Galway on or before Wednesday,
23rd September 2009.

SHORT COURSES SERIES 2009

The Adult and Continuing Education Office continues to offer its Short Courses Series commencing September 2009. Courses consist of 8 weeks of lectures in a number of general interest areas including English Literature and Poetry, Creative Writing, Russian Literature, Spanish and German, Philosophy, Environmental Science, History and many others. These courses are particularly suitable for candidates who have never had an opportunity to study a particular subject area before and wish to gain a deeper insight into a discipline that already interests them. Whatever your motivation, you are sure to meet interesting people to discuss your ideas with, find out more about your subject area and also experience the world of lifelong learning.

A list of courses including course content, start dates, duration and cost may be found overleaf. You are encouraged to browse through the short courses on offer and hope that you will find a suitable course to meet your interests. Please contact the Adult and Continuing Education Office at the number provided if you require any further details.

STARTING DATE

Classes begin the week commencing September 28th, 2009 on the designated nights. Class duration is normally 7.30pm – 9.30pm, unless otherwise stated. Details of venue along with a confirmation of dates and times will be sent to you on receipt of your application form.



You can register by post by completing the programme application form and returning it together with payment to: -

**Ms. Niamh McHugh
Short Courses Series 2009
Adult and Continuing Education Office
NUI Galway**

Cheques should be made payable to NUI Galway. Alternatively, you may register in person at the Adult and Continuing Education Office. All courses commence the week of Monday, September 28th; registration must be completed (including fee payment) before Wednesday, 23rd September. Courses are run subject to a minimum number of enrolments.

A 50% discount is available for senior citizens (65 or over) and for students in receipt of a current social welfare payment. In order to avail of this discount, applicants must provide documentation regarding their status along with their application form.

In the event of students cancelling from a course, the University accepts no obligation to refund any fees or part thereof. However, in exceptional cases students may appeal (in writing) to the Adult and Continuing Education Office for a refund. Requests will be dealt with on a case by case basis. It is in this regard that applicants are requested to inform themselves of the content of the programme before enrolment.

FURTHER INFORMATION

Please contact:
Adult and Continuing Education Office
Tel: (091) 495845
Fax: (091) 494595
E-mail: niamh.mchugh@nuigalway.ie



Short Courses Series 2009

Adult and Continuing Education Office

	COURSE DESCRIPTION
<p>Monday</p> <p>Val Nolan</p>	<p>Modern Literature: Contemporary Irish Poetry Through a study of individual writers and their works, this course explores poetry as an evolving reflection of social, political and cultural change throughout 20th century Ireland. Each class will consist of a discussion about the historical context of the work and close readings will then take place on its political, psychological, and cultural resonances. Each class will focus on a representative poet, but work by a wide variety of Irish writers will be discussed to provide context. Poets on this wide-ranging course include WB. Yeats, Austin Clarke, Patrick Kavanagh, Richard Murphy, Michael Hartnett, Evan Boland, Seamus Heaney and Sinead Morrissey. Topics covered will include Modernism, Nationalism, poetry and place, and the so-called Northern Renaissance. Classes take the form of lively discussions and are intended both to deepen the knowledge of existing poetry lovers and to introduce newcomers to the multifaceted forms of expression which characterize some of the greatest writing in the 20th century canon.</p>
<p>Monday</p> <p>Michaèle Cutaya</p>	<p>History of Art: Renaissance and Baroque This course gives a comprehensive overview to art periods and movements in Europe from the 15th to 17th century and looks at painting, sculpture and architecture within a social and economical context as well as from an aesthetic perspective. The course will start with the humanism of the Italian Renaissance and works of artists such as Paolo Uccello and Piero Della Francesca. It will continue with the development of oil painting in the Flanders by Jan Van Eyck and its subsequent developments by Venetian painters such as Titian or Veronese. Following the spread of Mannerism at the end of the 16th century, the course will compare the Baroque of Catholic countries through such artists as Caravaggio, Carracci and Rubens, with the Baroque of the Protestant Dutch Republic in the works of Rembrandt and Ruisdael. The course will lay particular emphasis on the visual using a large number of images to illustrate each period and its notable works of art.</p>
<p>Monday</p> <p>(7.00-9.00pm)</p> <p>Patrick Creed</p>	<p>Introduction to Renewable Energies, Energy Awareness and Renewable Energy Studies The aim of this course is to give an overview of renewable energy technology and energy awareness. It outlines the basic principles of solar electricity, solar water heating, small-scale wind power, micro hydro-power, bio-energy, heat pumps and their applications for homes, businesses and farms. The course is aimed at those in the business, non-profit, public and academic sectors who wish to be introduced to renewable energy technologies, as well as those wishing to install renewable energy systems in either urban or rural settings. The emphasis is on how things work, what it is practicable to do with participants having the opportunity to develop their own projects. At the end of the course participants should be able to create initial designs for renewable energy systems for their home and businesses and be able to apply for grants for system installation. The course also offers up to date information on the Renewable Energy sector in Ireland and is a good starting point for anyone interested in pursuing a career in Renewable Energy Systems or planning a course of study in Renewable Energies or a related area.</p>
<p>Tuesday</p> <p>Regina Carballo Sicilia</p>	<p>Brush Up Your Spanish This is an informal evening course offered for all those who wish to improve and maintain their existing level of Spanish. A variety of tasks will be employed to revise and consolidate your prior knowledge of Spanish grammar, syntax and vocabulary, as well as develop your communication skills (listening, reading, speaking and writing) in the language. In a relaxed atmosphere, you will be encouraged to converse on daily items such as living and working in Spain, sports, literature and lifestyle of the Spanish-speaking world.</p>
<p>Tuesday</p> <p>Ludmila Snigireva</p>	<p>Female Characters and Images in Russian Literature: Past and Present Focusing on different works of Russian Literature in the 19th and 20th Century, the course will explore the outstanding names of Lermontov, Tolstoy, Turgenev, Chekhov and Nabokov and the female characters created by them which have always been a subject of great interest for today's readers. These female characters will be explored as they struggle for love, passion and noble aspirations, and as they reject the boring routine of society's rules of their time. Acting in an unpredictable and extraordinary way, the search for happiness of these heroines will be discussed and illustrated by the comments of famous critics and thinkers such as Alexandra Collobai, Susan Sontag and Roberta Reeder. In exploring the lives of these women, this short course provides a passport for students to engage with these heroines in their quest for freedom.</p>
<p>Wednesday</p> <p>Rosemarie Gannon</p>	<p>The mobile phone and the internet: a good thing or a nuisance? Can you live without your mobile phone? Do you ever switch it off? Have you ever booked a flight online? Why? Do you still like to have face-to-face contact with some people? This course investigates these questions and many more, as it explores the impact of the mobile phone and internet on our personal life. It discusses, for example, the popularity of text messaging and what this means in terms of how we communicate with others. It examines why many people like to be contactable all the time. It investigates internet activities such as getting information, accessing services, purchasing products, downloading music and blogging. It reviews the growth of social networking websites, e.g. Facebook and Bebo and demonstrates relevant websites. The approach is informal and relaxed. Discussion is encouraged and no previous knowledge of IT is required.</p>
<p>Wednesday</p> <p>Delivered by staff from NUI Galway Career Development Centre Commencing Oct7th - fee €90</p>	<p>Focus on your Career Success! A unique opportunity to focus on your career and the actions you take as a result of this course have the potential to enhance your life, increase your income, expand your network of friends and positively impact your physical and mental health. Whether you are recently unemployed or at risk of being unemployed, planning a return to the workplace or education following a break, or considering a career change, this six week course will provide you with an opportunity to focus on the next steps in your career! Throughout the programme you will have an opportunity to assess your career to date and identify future possibilities; understand your skills gaps and develop action plans on how to close them; create an effective CV and develop interview skills to help you achieve the next step; and finally to plan the next steps towards career success based on your needs, skills, personality, values and motivators.</p>
<p>Wednesday</p> <p>Noel McCarthy</p>	<p>Introduction to Archaeology This eight week course will give an introduction to all aspects of Irish archaeology from the way of life of the earliest known inhabitants of the country in the Mesolithic period almost 10,000 years ago, through prehistory into Early Christian and Medieval Ireland. In addition to discussing well known sites such as Newgrange and Tara the course will identify and describe some of the less recognised monument types visible across the countryside from megalithic tombs to ringforts, crannógs and castles. While the main objective of the course is to provide an easily approachable overview of the vast breadth of Irish archaeology, a second central theme will be to describe and track changes that occurred in society over time such as the changes in technology from stone working to bronze casting and the development of the castle in Ireland. As the course moves chronologically through the past, the walled towns of Galway will be discussed as will the methodologies of archaeological survey, excavation and the care of artefacts.</p>
<p>Wednesday</p> <p>Brid Higgins</p>	<p>Introduction to Genealogy Many of us are now interested in starting our own family tree/genealogical research. There is nothing more rewarding than finally stumbling upon those elusive ancestors, or discovering you have additional branches to your family that you did not know existed. There is a sense of excitement attached to this ever increasing interest and hobby. It is almost a compulsion of sorts to want to continue on your quest to find more and more family relatives. This course in genealogy is aimed at the beginner in family history research and will introduce the fundamental steps you need to undertake your family tree. It will guide you to sources that you will need to research to start your own tree. It begins by defining primary and secondary sources and explains the administrative divisions used in the past that most primary sources were based upon. The different primary genealogical sources will be examined: Census Records, Church Records, Civil Records, Land Records, Folklore/Oral History and Newspapers. The course will also include information on researching online and the sources contained in the local and national repositories.</p>
<p>Wednesday</p> <p>Val Nolan</p>	<p>Modern Literature: The Irish Short Story The success of the short story in this country results from the versatility of Irish authors in adapting developments in narrative form and identity, along with sexual and national politics, over the last eighty years. In this course, students will explore the evolution of Irish short fiction within the context of those developments, utilising texts which have been selected to best highlight changes in style and the various ways in which Ireland is represented in the short story. The course covers a broad range of male and female authors, from the early 20th century right up to the present. The works of both Irish-based and expatriate writers are explored, including James Joyce, Frank O'Connor, Samuel Beckett, Maeve Brennan, John McGahern, Neil Jordan, and Claire Keegan. Classes are discussion based, with the life and writings of each author evaluated in terms of social, political, and literary change in Irish history. An exciting and engaging course, The Irish Short Story will suit any avid reader with an interest in the best of modern and contemporary fiction.</p>
<p>Thursday</p> <p>Annelle Eberhardt</p>	<p>Brush up your German This is an informal evening course offered for all those who wish to improve their German. A variety of tasks will be employed to revise and consolidate your prior knowledge of German grammar, syntax and vocabulary, as well as develop your communication skills (listening, reading, speaking and writing) in the language. In a relaxed atmosphere, you will learn about the culture, sports, literature, and lifestyle of the German-speaking world. A wide range of teaching methods will be employed in order to accommodate students with different needs and levels of competency.</p>
<p>Thursday</p> <p>Fred Johnson</p>	<p>Creative Writing This course is aimed at beginners with some experience of writing prose or poetry, for more mature participants who are interested in Creative Writing (prose and poetry) and for those who are interested in the processes involved in researching, writing and publishing their work in the future. This course creates an awareness of creative writing in everyday life and encourages more active reading of contemporary prose and poetry while also using elements of reading of contemporary and other such writings. Questions such as - How can we translate experience into prose or poetry? Why should we? What "use" is a poem? How do prose and poetry differ? - will be covered throughout the 8-week series. The basics of short story and poetry composition will also be explored and outlined, as well as the creative use of language. The course will focus on open discussion and free criticism of work presented and developed each week.</p>
<p>Thursday</p> <p>Miles Kenedy</p>	<p>Philosophy and the Birth of Ideas All human ideas and concepts come from somewhere! This short course will centre on the birth of four of the most powerful ideas in human history: the idea of reaching knowledge through dialogue which is the fundamental underpinning of Socrates' philosophy, the idea of perfection which underpins Plato's metaphysics, the idea of living well which underpins Aristotle's ethics, and finally the idea of the self which is the foundation of Descartes' epistemology. Each of these ideas will be discussed in terms of the different branches of philosophy to which it is most significant and in relation to our existence in the contemporary world. The course will be seminar based and will include thought experiments and "homework" readings.</p>
<p>Thursday</p> <p>Chris Doyle</p>	<p>Great Stories from the Ancient World In this course students will be introduced to some of the most famous stories from the world of the Ancient Greeks, Romans, Celts, Persians and others. Many of these fascinating stories may already be familiar to us, but it is expected that more realistic versions should emerge through the use of a wide variety of historical/archaeological evidence; myth, visual/audio presentations (slideshow/film clips), discussions, humour and much more. The stories that will be examined are: Troy, The Persian Wars, Alexander the Great, Hannibal of Carthage, Spartacus and the Slave Revolt, The death of Julius Caesar, Nero and Boudicca, and finally the story of 'King Arthur'.</p>
<p>Saturday, 17th October (9.30am – 5.00pm)</p> <p>Gary Mahood Course fee: €55</p>	<p>Your Money Let's Sort it This workshop shall explore our attitudes towards money and wealth and how it has changed over the past year. A personal household budgeting exercise shall be outlined and you will complete this in your own time. This shall help you to save and get control of your finances. Insurance protection needs shall be examined to protect your income against your death, serious illness, unemployment or accident. The theory of investment shall be outlined including the power of compounding, comparing asset classes, risk versus reward, valuation and the psychology of investment. Simple low cost investment strategies shall be proposed using collective investment products saving from €50 per month. The course is aimed at the person with a low to medium level of financial literacy to give them the knowledge to deal effectively with their financial affairs and get the most from any financial advice they take.</p>
<p>Saturday, 7th and 14th November (10am – 4pm)</p> <p>Richard Brennan</p>	<p>The Alexander Technique Many people think that the Alexander Technique involves improving posture by 'sitting up straight'. Nothing could be further from the truth. It involves releasing unconscious tension from our body to allow us to move through life with greater ease. It can dramatically help or prevent backache, arthritis, insomnia, as well as a whole range of physical aches and pains that are so common in our society today. By learning the technique you may find that your confidence and self-esteem naturally grow. You may also find a natural spontaneity, a greater contentment and a deeper love of life. The technique can be especially useful for musicians who suffer from tension problems when playing their instrument or for any sportsperson who wishes to gain maximum efficiency out of their body. The course will be mainly experiential and loose, comfortable clothing is advisable - please bring a blanket or mat.</p>

All courses commence the week of September 28th, 2009 and are 8 weeks in duration unless otherwise stated. Class duration 7.30 – 9.30pm.

Course fee is €120