

TRIPLE P PROGRAMME POPULATION SURVEY

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Background and Research Aims

This project forms part of the Triple P (Positive Parenting Programme) Longford and Westmeath Parenting Partnership programme. Triple P is a population level public health programme of parenting and family support that includes a number of levels of intervention. It has been implemented in several of countries including Australia, the US, the UK, Canada and Germany. The Triple P programme aims to prevent severe behavioural, emotional and developmental problems in children by enhancing parental confidence, knowledge and parenting skills. The current project comprises analysis of the population survey data commissioned from Millward Brown Lansdowne by the Triple P Longford and Westmeath Parenting Partnership programme currently being implemented in Ireland.

The aim of the baseline population survey is to determine the level of child behavioural and emotional problems, parental problems and parental help seeking behaviour in the community. A follow-up survey will enable examination of intervention and prevention effects of the programme.

Methods

Geographically defined intervention and control populations were sampled for the population survey. The intervention population will receive full exposure to the multi-level Triple P intervention and the control area is only partially or minimally exposed to the intervention.

The baseline survey recorded a number of demographic variables concerning the responding parent, the target child and their family setting. These included age and gender of children and parents in the household, the responding parent's employment status, education level, marital status and ethnic background. Assessment of children's behavioural and emotional problems included variables on children's strengths and difficulties. Assessment of parental awareness of health and mental health problems in children included parental awareness of physical and mental health problems for young people. Assessment of family risk factors included parental consistency and parental adjustment to parenting. Assessment of family protective factors included help-seeking behaviour, parental self-efficacy, parental social support

Progress to Date

Preliminary analysis of the baseline survey data is being conducted and a draft report being prepared for the Triple P Longford and Westmeath Parenting Partnership.

Dissemination

None to date.