



Health Promotion Research Centre

Annual Report

January – December 2010

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i. Foreword

We are pleased to present the 2010 Annual Report of the Health Promotion Research Centre (HPRC) at the National University of Ireland Galway. There were a number of exciting developments in 2010 with our programme of research continuing to grow and expand into new areas. Of particular significance was the launch of the World Health Organization Collaborating Centre for Health Promotion Research, which was hosted by the President, Professor James Browne in NUI Galway on the 29th January, 2010. Ms Áine Brady, T.D., Minister of State at the Department of Health and Children with special responsibility for Older People and Health Promotion, and Dr KC Tang of the Department of Chronic Disease and Health Promotion at WHO Geneva, were present to officially launch the establishment of the WHO Collaborating Centre.

The designation as a WHO Collaborating Centre formalizes the role of HPRC as a member of an international collaborative network contributing to the World Health Organization's programme of work and strategic objectives in health promotion, thereby strengthening the role of health promotion research in providing the scientific base for national and international health promotion policy and practice development.

This designation is also a mark of recognition of the international standing and quality of the work of the Centre. There are some 18 such centres globally and consolidation of this role and function at NUI Galway provides a solid platform for developing further international collaboration in this area.

The aim of the WHO Collaborating Centre for Health Promotion Research at NUI Galway is *to build health promotion capacity through the generation and application of health promotion research into practice and policy*. The terms of reference are to:

- generate knowledge through the conduct of original health promotion research
- develop methodological approaches to health promotion research
- undertake the synthesis and review of research to inform policy and practice in health promotion
- evaluate the adoption and implementation of health promotion interventions in collaboration with practitioners and policymakers
- disseminate the health promotion knowledge and evidence base to target audiences including policymakers, practitioners and members of the public
- collaborate with national and international partners on the advancement of health promotion research, policy and practice.

The effective production, dissemination and translation of health promotion research that will actively inform practice and policy will constitute the core focus of the work of the Collaborating Centre for Health Promotion Research over the coming years. The importance of actively linking research with practice and policy is identified as an important challenge in health promotion. The HPRC is in a key position to fulfill this role, given its close working relationship with national level policymakers and practitioners, and its collaboration with leading health promotion partners in Europe and internationally. A number of research activities are identified in the Collaborating Centre's workplan:

- Concrete Activity 1: Benchmarking Implementation of the Bangkok Charter for Health Promotion in a Globalized World (WHO, 2005) and the Nairobi Call to Action (WHO, 2009)
- Concrete Activity 2: Capacity Building for Health Promotion Research through Training and Education
- Concrete Activity 3: Research Supporting Evidence-based Practice and Policy in Health Promotion with Young People and Schools
- Concrete Activity 4: Research Supporting Evidence-based Practice and Policy in Mental Health Promotion
- Concrete Activity 5: Research Supporting Evidence-based Practice and Policy in Health Promotion in the Workplace.

As outlined in this report a number of key global collaborative initiatives have already been established and these will be further developed and consolidated in the course of the next three years.

In keeping with the Strategic Plan for NUI Galway 2009-2014, a benchmarking process has been initiated with two other leading health promotion research centres in Europe - the Department of Health Promotion and Development HEMIL, at the University of Bergen in Norway, which also hosts a WHO Collaborating Centre and delivers masters and PhD programmes in Health Promotion, and the Ludwig Boltzmann Institute (LBI) for Health Promotion Research in Vienna, which hosts a WHO Collaborating Centre for Health Promoting Hospitals. A meeting with the Heads of both of these Centres, Professor Maurice Mittlemark and Professor Wolfgang Dür, took place in NUI Galway to discuss the development of the benchmarking process, including an evaluation of research across the three Centres. Further development of this work is underway and will assist in consolidating the role of Health Promotion at NUI Galway as a European leader.

In this report we provide an overview of our research activities during 2010, including a brief description of the research projects and dissemination activities. Some 23 projects are presented, grouped under each of the four research headings. Also included is a listing

of all publications, conference presentations and external grants received during the last year.

During 2010, international programmes on scoping capacity for health promotion in developing countries and a global consultation regarding health promotion core competencies, as outlined in the Galway Conesus Conference Statement published in 2009, was undertaken in collaboration with the International Union for Health Promotion and Education and the WHO Regional Offices. Further work was also developed in collaboration with the Consortium for connecting health research in Africa and Ireland, funded by the HEA and Irish Aid.

Progress continued on three major European research initiatives including; the 'Developing Competencies and Professional Standards for Health Promotion Capacity Building in Europe' (CompHP), funded by the European Agency for Health and Consumers; the 'Translating Health Communications' project undertaken in collaboration with the European Centre for Disease Prevention and Control; and the latest round of the WHO-Europe collaborative study on Health Behaviours in School-aged Children, funded by the Department of Health and Children. Work was completed on the European PROMO project concerned with best practice in promoting mental health in socially marginalised people in Europe and on the Healthy Eating and Physical Activity in Schools initiative. Collaborative work continues on a European initiative concerned with training and education in social care in Europe, funded by the EC Leonardo da Vinci programme.

At a national level a number of research and evaluation initiatives were undertaken on behalf of statutory and voluntary agencies including programmes concerned with; strengthening families, promoting the emotional wellbeing of primary school children, promoting the mental health of unemployed people, research supporting the development of a mental health portal for third level students at NUI Galway, and research on building capacity for workplace health promotion and work-life balance.

Research was also conducted on the development of health services and best practice concerned with Chlamydia screening, injury prevention, immigration and health, residential care for older people, and social care planning. We also undertook a number of teaching related research initiatives on the use of blended learning techniques as applied to Health Promotion.

We continue to disseminate our research work widely through scholarly publications, technical reports, conference presentations and other media for targeted audiences of policymakers, practitioners, researchers and members of the public. Each year we host a number of visiting scholars and academics from overseas. This year we welcomed five

academics from Spain, Portugal, Poland, Austria and France who contributed to HPRC activities. We also hosted a very successful conference titled; Multidisciplinary Approaches to Men's Health with invited national and international speakers. The conference was organised in association with the Department of Health & Children and the Health Service Executive.

We are grateful to the members of the HPRC Advisory Board, research funders and partners for their support and advice during this year. We also acknowledge the dedication and commitment of all the researchers, project leaders, and administrative staff within the HPRC. We look forward to continuing our research collaborations in the year ahead.



Professor Margaret Barry

***Professor of Health Promotion and Public Health
Head of WHO Collaborating Centre for Health Promotion
Research***



Dr Saoirse Nic Gabhainn

Director of Health Promotion Research Centre

ii. Introduction



The Health Promotion Research Centre at NUI Galway

The Health Promotion Research Centre (HPRC) is the only designated academic research centre for Health Promotion in the Republic of Ireland. Since its establishment, over 20 years ago, the Centre has worked successfully towards achieving its aim *to produce high quality research, of national and international significance, that supports the development of best practice and policy in the promotion of health.*

This aim is achieved through the following objectives:

- To advance the theoretical and methodological development of health promotion research
- To build capacity in health promotion through the provision of research training and support
- To advise and collaborate with regional, national and international agencies on the initiation, implementation and evaluation of strategies to promote health.
- To disseminate research activities to diverse audiences, including practitioners, funders, policymakers, researchers and the general public

In this context, the HPRC works closely with policymakers, practitioners and research partners, at local, regional and international levels, in producing a reliable research and knowledge base for the development of health promotion policy, programme planning, implementation and evaluation.

The Centre has in place an active multidisciplinary research programme with over 30 staff undertaking independent and commissioned research work. The Centre attracts a broad base of external research funding and currently coordinates several large scale national and European research projects, including the Health Behaviour in School-aged Children (HBSC) 2010-2013, Developing Competencies and Professional Standards for Health Promotion Capacity Building in Europe (COMPHP) and Translating Health Communication (Establishing a Programme for Dissemination of Evidence Based Health Communication Activities in the EU and EEA/EFTA 2009-12). The Centre collaborates

on the development and evaluation of health promotion initiatives with regional, national and international agencies, which include the Department of Health and Children, Health Services Executive, European Commission, European Centre for Disease Prevention and Control, the World Health Organization and the International Union for Health Promotion and Education.

In 2009 the Centre was designated as a World Health Organization Collaborating Centre for Health Promotion Research, which was officially launched by the Minister of Health Promotion and Dr KC Tang of WHO Geneva at a special NUIG ceremony in January 2010. Under the leadership of Professor Margaret Barry, a programme of work is underway in collaboration with the Health Promotion Unit at WHO Geneva.



From left to right: Dr K.C. Tang, WHO Geneva; Professor Margaret Barry, Head of WHO Collaborating Centre for Health Promotion Research, NUI Galway; Dr James J. Browne, President, NUI Galway; Ms Áine Brady, T.D., Minister of State at the Department of Health and Children with special responsibility for Older People and Health Promotion

Teaching Programmes in Health Promotion

The Health Promotion Research Centre is located within the Discipline of Health Promotion, School of Health Sciences at NUI Galway. The Discipline of Health Promotion at NUI Galway was established in 1990 as part of revised national infrastructure for Health Promotion in Ireland. The original goal of the Discipline was *to provide training, education and research in Health Promotion to support national developments*. Over the years the teaching programmes offered by the Discipline have grown and developed and now occupy a key role in national and international developments around teaching and learning in Health Promotion.

As the sole academic unit in Ireland dedicated to Health Promotion we contribute to programmes and initiatives across the country and internationally which are designed to further the training and education of graduates in the core skills, competencies and theoretical underpinnings of Health Promotion. We welcome students from across Ireland and abroad to a range of degree programmes designed to meet these objectives. Our flagship programme is the Higher Diploma/MA in Health Promotion, which is offered full-time in Galway and on a part-time basis in both Dublin and Galway. We also offer a four-year part-time programme in Social Care, with Certificate, Diploma and BA Degree options. Undergraduate and post-graduate degree programmes in Occupational Health, Health and Safety are offered in collaboration with colleagues from the Disciplines of Industrial Engineering, Law, Management and Physics, while the BA Connect in Childhood Studies is offered in collaboration with colleagues in Italian, Psychology, Sociology and Political Studies, History and the Irish Centre for Human Rights. Doctoral study is also offered on a full or part-time basis and is provided through structured programmes which includes: a primary research component and a range of taught modules, the choice of which can be tailored for individual student need.

Uniquely, we work with a range of external partners to offer Specialist Certificates in Health Promotion, including in Oral Health (Dental Health Foundation), Settings Approach to Health (HSE Mid-Leinster), Youth Health (National Youth Council of Ireland) and Sexual Health (AIDS West). As a Discipline we contribute to the undergraduate medical curriculum through modules such as 'Understanding health and illness in society', 'Public health and health promotion' and 'Global health'. Other teaching contributions within NUI Galway include to the post-graduate programmes in Family Support, Social Work, Health Psychology, and Primary Care. Further details are available from www.nuigalway.ie/hpr.

iii. Profiles

a. Academic Staff

Staff Member	Title & Qualifications	Research Expertise
 <p>Dr Margaret M. Barry Professor of Health Promotion & Public Health</p>	<p>Head of WHO Collaborating Centre for Health Promotion Research</p> <p>Project Leader</p> <p>MA, PhD</p>	<ul style="list-style-type: none"> • Mental health promotion • Evidence-based practice • Evaluation research in health promotion • Capacity building & health promotion competencies.
 <p>Dr Claire Connolly Lecturer in Health Promotion</p>	<p>Project Leader</p> <p>MB, Bch BAO, FFARCSI, MA</p>	<ul style="list-style-type: none"> • Breastfeeding • Childhood immunisation • Communication skills of health professionals • Experience of hospitalisation.
 <p>Dr Barbara Griffin University Teacher <i>(until August 2010)</i></p>	<p>Project Leader</p> <p>SRN, HV, MSc, PhDMB</p>	<ul style="list-style-type: none"> • Health promotion in social care • Health promotion evaluation • Visual sociology • Participation research in communities.
 <p>Dr Margaret Hodgins Lecturer in Health Promotion</p>	<p>Project Leader</p> <p>BA, MA, PhD, Reg. Psychologist</p>	<ul style="list-style-type: none"> • Settings for health • Workplace health promotion.
 <p>Ms Victoria Hogan Lecturer in Health Promotion (Occupational Health)</p>	<p>Project Leader</p> <p>BA, MSc, CMIOSH, RSP</p>	<ul style="list-style-type: none"> • Occupational stress • Work life integration • Occupational health psychology • Quality of working life.
 <p>Ms Verna McKenna Lecturer in Health Promotion</p>	<p>Project Leader</p> <p>BA, MA</p>	<ul style="list-style-type: none"> • Evidence based policy & practice • Implementation guidance for health promotion • Health service access & health inequalities.

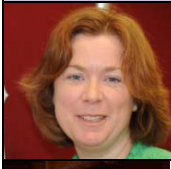

Staff Member	Title & Qualifications	Research Expertise
 <p>Dr Michal Molcho Lecturer in Health Promotion</p>	<p>Project Leader BA, MA, PhD</p>	<ul style="list-style-type: none"> • Adolescents health • Social inequality • Injury & violence prevention • Immigrants' health.
 <p>Dr Saoirse Nic Gabhainn Senior Lecturer in Health Promotion</p>	<p>Director, HPRC Project Leader BA, MA, PhD, C.Psychol, AFBPsS, C. Sci.</p>	<ul style="list-style-type: none"> • Health & health behaviour in childhood & adolescence • Methodologies for health promotion research • School health education & promotion.
 <p>Ms Geraldine Nolan Lecturer in Health Promotion (part-time)</p>	<p>Project Leader BSc, MSc, Dip (Nut & Dietetics)</p>	<ul style="list-style-type: none"> • Effective nutrition interventions • Best practice for eating disorder services • Nutrition needs of asylum seekers.
 <p>Dr Martin Power University Fellow</p>	<p>University Fellow BA, PhD</p>	<ul style="list-style-type: none"> • Risk & blood • Epistemic communities • Social policy • Adult education.
 <p>Dr Diarmuid O'Donovan Senior Lecturer in Social & Preventive Medicine (part-time)</p>	<p>Project Leader MD, MSc, FFPHMI, DCH, DTM&H</p>	<ul style="list-style-type: none"> • Health inequalities & health policy • Communicable disease control & environmental health • STIs & HIV/AIDS • Health & human rights.
 <p>Dr Lisa Pursell Lecturer in Health Promotion</p>	<p>Project Leader BSc, PhD</p>	<ul style="list-style-type: none"> • Health impact assessment process & methodology • Evaluation of impact assessments • Development of indicators for measuring health inequalities.
 <p>Dr Jane Sixsmith Lecturer in Health Promotion</p>	<p>Deputy Director - HPRC Project Leader RGN, HV, BSc, MA, PhD</p>	<ul style="list-style-type: none"> • Health & the media • Qualitative methodologies for health • Health services research.

b. Research Staff

Staff Member	Title & Qualifications	Research Expertise
	Ms Lucia Canavan BSocSc, MA	<ul style="list-style-type: none"> Preventive Cardiology Workplace Health Promotion.
	Mr Reamonn Canavan BSc, MA, P Grad Dip	<ul style="list-style-type: none"> Mental health promotion Workplace health promotion Mental health & social marginalisation.
	Ms Aleisha Clarke BEd, Med	<ul style="list-style-type: none"> Child & adolescent mental health Schools mental health promotion Suicide prevention.
	Ms Natasha Clarke BSc, MA	<ul style="list-style-type: none"> Active travel to school Participative research methodologies Health behaviour in school-aged children.
	Ms Maureen D'Eath BA, LLB, MA	<ul style="list-style-type: none"> Health inequalities Health needs assessments Disability.
	Ms Colette Dempsey BA, MA	<ul style="list-style-type: none"> Health promotion competencies & capacity building Mental health promotion Promoting mental health in the early years.
	Ms Priscilla Doyle BA, MA	<ul style="list-style-type: none"> Young people & health Nutrition, obesity & physical activity Media & health.
	Dr Amanda Fitzgerald	<ul style="list-style-type: none"> Health & health behaviour of children & adolescence.
	Dr Colette Kelly BSc, MSc, PhD, RPHNutr	<ul style="list-style-type: none"> Health & health behaviour of children & adolescence Contextual factors & dietary habits of children & adolescents Obesity & young people Participation of children & young people in research.

Staff Member	Title & Qualifications	Research Expertise
 Orla Higgins	Researcher B. Comm., MBS, MA	<ul style="list-style-type: none"> • Social media and communications • Marketing the Arts.
 Dr Samir Mahmood	Researcher & PhD student MBBS, MPH, MA	<ul style="list-style-type: none"> • Capacity building in health promotion (Global/National) • Health communication for communicable diseases.
 Dr Maeve O'Sullivan	Researcher MB, BCh, BAO, MA	<ul style="list-style-type: none"> • Mental health promotion • Whole school approach to social and emotional learning.
 Mr Eric Van Lente	Researcher BE, MA	<ul style="list-style-type: none"> • School-based health promotion/social & emotional learning • Mental health promotion & theory.
 Ms Deirdre Vaughan	Researcher RGN, MA	<ul style="list-style-type: none"> • HIV/AIDS & sexual health promotion • Global health, conflict & development.
 Ms Lorraine Walker	Research Assistant	<ul style="list-style-type: none"> • Health behaviour in school-aged children.

c. Administrative Staff

Staff Member	Title & Qualifications	Research Expertise
 Dr Vivienne Batt (part-time)	Administrative Director BA, PhD	<ul style="list-style-type: none"> • Women's counselling provision • Infant feeding practices & policies.
 Ms Christina Costello	Research Secretary	

d. Doctoral Students

There are 18 students registered for PhD programmes in Health Promotion supervised by members of academic staff, further supported by expertise provided through Graduate Research Committees. PhDs are offered on a full or part-time basis through the NUIG structured programme.

Name of PhD student	Name of Supervisor	Proposed Title
Mr Brendan Dineen	Dr Diarmuid O'Donovan	Identification of prevalence, causes and the need for eye care services.
Ms Clare Carroll	Dr Jane Sixsmith	Understanding early intervention services in Ireland.
Ms Aleisha Clarke	Professor Margaret Barry	An evaluation of Zippy's Friends, an emotional literacy programme for children in primary school.
Ms Maureen D'Eath	Dr Jane Sixsmith	Does participation on the Diploma phase of the BA in Social Care enhance the self efficacy of the graduates as social care practitioners?
Dr Khalifa Elmusharaf	Dr Diarmuid O'Donovan	Strengthening health system in Africa to improve reproductive health during and post conflict.
Mr Declan Flanagan	Dr Michal Molcho	Fun & games & health; a mixed methods study measuring the impact of government health initiatives & recommendations in the North West of Ireland.
Ms Aoife Gavin	Dr Saoirse Nic Gabhainn	Understanding the lives of children with disability/chronic illness.
Ms Susan Hennessy	Dr Diarmuid O'Donovan	Determining the future service needs for cardiovascular patients in the West of Ireland, using cardiovascular epidemiological modelling tools.
Ms Victoria Hogan	Dr Margaret Hodgins	An analysis of work life balance & occupational stressors within the Irish university system.

Name of PhD student	Name of Supervisor	Proposed Title
Dr Samir Mahmood	Professor Margaret Barry	Mapping capacity for multi-level Health Promotion development in low and middle income countries.
Ms Patricia McSharry	Dr Margaret Hodgins	The effects of a physical activity intervention programme on a group of undergraduate students' short & long term knowledge & behaviours with regard to physical activity.
Ms Teresa Meaney	Dr Saoirse Nic Gabhainn	An exploration of Irish mothers experience of persisting with breastfeeding: a phenomenological study.
Ms Christina Murphy	Dr Saoirse Nic Gabhainn	From paper to practice: An analysis of teacher-delivered relationship and sexuality education in Ireland.
Ms Mary O'Hara	Dr Margaret Hodgins	Quality of life issues: Juvenile idiopathic arthritis & young people in Ireland.
Ms Siobhán O'Higgins	Dr Saoirse Nic Gabhainn	Why do young people wear condoms? An exploration of positive sexual health behaviours using participative methodologies to create a workable resource for schools.
Ms Lisa Shanahan	Professor Margaret Barry	The implementation and evaluation of Mental Health Aid in an Irish context.
Ms Leigh-Ann Sweeney	Drs Saoirse Nic Gabhainn & Michal Molcho	An exploratory study of sex workers psychosocial experiences of the Irish healthcare system.
Ms Yetunde John-Akinola	Dr. Saoirse Nic Gabhainn	A Health Promotion Approach to the implementation of School Health Services: a comparative study between Ireland and Nigeria.

e. Masters in Health Promotion Theses

The MA in Health Promotion is a taught programme with students having to complete four core modules and four optional modules, together with a minor dissertation based on original research. The course is taught in NUI Galway full-time over one year or part-time over two years. The MA dissertation list for 2010 is detailed below and dissertations are available from Denise Glavin, email: denise.glavin@nuigalway.ie.

Name of student	MA Thesis Title
Carol Baxter	What is the potential of the internet as a setting of nutritional information for adolescents?
Colette Broderick	Perceptions of health amongst individuals' receiving peritoneal dialysis. An Irish perspective.
Lucia Canavan	Survey of Lifestyle, Attitudes, Diet and Physical Activity of the Members in a Phase IV Cardiac Rehabilitation Programme.
Christine Fitzgerald	The promotion of breastfeeding: a focus group study with pre-parental cohorts.
Maeve Geraghty	Evaluation of the supermarket nutrition tour programme community nutrition and dietetic services HSE West Galway.
Deirdre Grady	Evaluation of the telephone befriending service in Claremorris and Castlebar, Co. Mayo.
Ewa Iwanow	Sense of coherence of Polish immigrants in the West of Ireland.
Pheena Kenny	Development of an Oral Health Promotion initiative for preschoolers.
Roisin Lowry	Exploring attitudes, perceptions and views towards smoking among young women from lower socio-economic backgrounds.
Angela McAnearney	Diabetes foot care education in the HSE West area: quality of information for understanding neuropathy and performance of foot care behaviours.
Louise McCulloch	The development of interagency work amongst services working with youth people.
Sorcha NiChurraoin	Similarities and differences of active ageing among older people: an analysis of research from an active ageing group for older people with intellectual disabilities and a general active ageing group for older people.
Peter Manley	A holistic understanding of physical activity in rural Offaly primary schools.
Jadwiga O'Brien	An evaluation of a hospital-based smoking cessation service in the West of Ireland.
Sinead O'Brien	Patterns of leisure activity among young people: A health promotion perspective.
Victoria O'Dwyer	DESMOND (diabetes education and self-management for ongoing and newly diagnosed), a study of a structured education programme for individuals newly diagnosed with type 2 diabetes in County Galway.
Una Phelan	The role of health claims in influencing consumer's food purchasing decisions.
Susan Spillane	Older people's perceptions of the factors affecting their diet.
Ann Scanlon	SMEs and PA promotion.

Name of student	MLitt Thesis Title
Martha Sweeney	What is a Healthy School? The perceptions of Post Primary School Management and Teachers

f. Research Contribution to Community

The staff of the HPRC contribute to the development of national and international health promotion research, practice and policy through their membership of management, committee and editorial boards, as listed below:

International

- International Union for Health Promotion and Education (IUHPE) Capacity Building, Education and Training (2007-2010) (Global Vice President)
- IUHPE/EURO Sub-Committee on Training and Accreditation in Health Promotion 2004-present (Chair)
- Violence and Injury Prevention work group of the WHO-HBSC study (Chair)
- International Union for Health Promotion and Education 2010-2016 (Elected Board Member)
- Clifford Beers International Centre for Mental Health Promotion (Board Member)
- Public Health Agency of Canada (PHAC), development of a pan-Canadian policy framework for mental health promotion (Expert Advisor)
- Department of Health, London, development of a Public Mental Health Framework report as a part of the New Horizons mental health policy – (Expert Reviewer)
- NHS Health Scotland, Outcomes Framework for Scotland’s Mental Health Improvement Strategy (Expert Reviewer)
- University of Central Lancashire, development of Commissioning Guides for Local Authorities on the implementation of the Department of Health’s Public Mental Health Framework in England (External Advisor)
- The McCaughey Centre: VicHealth Centre for the Promotion of Mental Health and Community Wellbeing, University of Melbourne, (External Reviewer)
- Advisory Group for the EU DETERMINE project on addressing health inequities (Member)
- Global Scientific Committee of the IUHPE 20th Global Conference in Geneva 2010 (Member)
- International Coordinating Committee of the WHO-HBSC study (Member)
- International Steering Group for the WHO Collaborating Centre for Mental Health Promotion, Prevention and Policy at STAKES, Finland (2007-present) (Member)
- Methodology Development Groups of the WHO-HBSC study (Member)
- Policy Development Groups of the WHO-HBSC study (Member)
- Protocol preparation Groups of the WHO-HBSC study (Member)
- Research Advisory Board of HEMIL, the Health Promotion Research Centre, University of Bergen, Norway (2008-present) (Member)

- Scientific Committee of the Sixth World Conference on the Promotion of Mental Health and the Prevention of Mental and Behavioural Disorders, Washington, November 2010 (Member)
- Scientific Council for the Ludwig Boltzman Institute for Health Promotion Research, Vienna (2008-present) (Member)
- Scientific Development Groups of the WHO-HBSC study (Member)
- WHO Mainstreaming Health Promotion Project: Rapid Review of the Evidence Base for Health Promotion Actions (Member).

National/Regional

- Association for Health Promotion Ireland 2011- 2012 (Chair)
- Advisory Board of the National Office for Suicide Prevention, Ireland (Member)
- Board of Directors, AIDS West (Member)
- Board of Directors, Centre for Support and Training in Analysis and Research (Member)
- Child Health Research Forum (Member)
- Expert Advisory Committee of the Tallaght Child Development Initiative (Member)
- Expert Research and Evaluation Committee of the Youth Mental Health Initiative Headstrong (Member)
- National Longitudinal Study of Children, Growing Up in Ireland Qualitative Advisory Panel (Member)
- National Steering Group for the Child Safety in Alliance in Ireland (Member)
- Nursing Home Ireland (NHI) Care Planning Advisory Group (Member)
- Research Advisory Group of the Western Region Drugs Task Force (Member)
- Research and Evaluation Panel of the See Change Programme – the National Mental Health Stigma Reduction Partnership (Member)
- Research Development Advisory Group of the Office of the Minister for Children and Youth Affairs (Member)
- Scientific and Policy Advisory Committee of the National Longitudinal Study of Children in Ireland (Member)
- Steering Committee for the Development of a Data Strategy for Children in Ireland (Member).

Editorial Boards

- Advances in School Mental Health Promotion
- Applied Social Studies
- Global Health Promotion
- International Journal of Mental Health Promotion
- Journal of Public Mental Health

- Open Epidemiology Journal
- Proceedings of the Nutrition Society
- Youth Studies Ireland.

External Examining/Reviewing

- Global Health Promotion (External Peer Reviewer)
- Health Policy and Planning (External Peer Reviewer)
- International Journal of Mental Health Promotion (External Peer Reviewer)
- International Journal of Public Health (External Peer Reviewer)
- NHS Health Scotland – Outcomes Framework for Scotland’s Mental Health Improvement Strategy, 2009-2010 (Expert Reviewer)
- Open University (External Examiner)
- Public Mental Health Framework Evidence report and briefing papers for the Department of Health, London New Horizons mental health policy (Expert Reviewer)
- Special Issue of the American Journal of Public Health (External Peer Reviewer)
- The Netherlands Organization for Health Research and Development (ZonMw) (Review of Grant Proposals)
- University of Central Lancashire on the development of Commissioning Guides for Local Authorities on the implementation of the Department of Health’s Public Mental Health Framework in England (May – July, 2010 (External Reviewer)
- Waterford Institute of Technology (External Examiner).

g. Visiting Scholars and Students

The HPRC welcomes visiting scholars and students of health promotion and cognate disciplines. During 2010 we hosted the following international visitors:

- Dr Javier Mateos Conde, Medicao Interno Residente (MIR), Universidad De Samlamanaca, Unidad Dacente De Castilla Y Leon, November 2009–May 2010
- Anna Dzielska, HBSC Polish Team, March -April, 2010
- Diana Guerreiro, Leonardo da Vinci Internship, University of Lisbon, January-July 2010
- Brigitte Domittner, Master of Public Health Programme of the University of Vienna and the Medical University of Vienna, July-August 2010
- Dr Emmanuelle Jouet, Laboratoire de Recherche de l'EPS Maison Blanche, October, 2010.

iv. Research Activities



Research Areas

Research areas within the Health Promotion Research Centre are divided into four research clusters based on staff expertise and areas of interest and are formed around key health promotion settings, topics and population groups.

a. POPULATION HEALTH RESEARCH

The population health research cluster explores the patterns of health related behaviour, attitudes, beliefs and knowledge among members of the public and sub-groups within the population.

b. PROGRAMME DEVELOPMENT AND EVALUATION

The Centre has been involved in both developing and evaluating a range of health promotion interventions carried out in collaboration with practitioners, policymakers and local communities under the programme development and evaluation research cluster.

c. HEALTH SERVICES RESEARCH

The Centre has conducted a range of studies under the health services research cluster which examine the provision of health services, with a particular focus on equity of access.

d. POLICY RESEARCH

The policy research cluster includes studies which provide evidence for policy-makers to assist them in the development and implementation of public policy thereby improving the health of the population.

a. Population Health Research

- AN ANALYSIS OF WORK-LIFE BALANCE, EMPLOYEE STRESS AND HEALTH IN THE IRISH UNIVERSITY SECTOR
- BUILDING CAPACITY FOR WORKPLACE HEALTH PROMOTION
- HEALTH BEHAVIOUR IN SCHOOL-AGED CHILDREN (HBSC): A WORLD HEALTH ORGANISATION CROSS-NATIONAL STUDY
- IMMIGRATION AND HEALTH
- INJURY AND VIOLENCE PREVENTION
- PARTICIPATORY RESEARCH PROCESSES

AN ANALYSIS OF WORK-LIFE BALANCE, EMPLOYEE STRESS AND HEALTH IN THE IRISH UNIVERSITY SECTOR

Principal Investigator: Ms Victoria Hogan

Background

Increased levels of work intensity and increased working hours have been identified as potential occupational stressors, and The European Parliament has called for studies into the effects of working long hours on the family and on individual health. This study concentrates on the issues of stress, workload, and work-life balance in the Irish academic sector. The activities of employees in the Irish university sector are critical for the maintenance of growth and competitiveness in the new knowledge-based economy, and if Irish workers are to compete on the global stage, we need to better understand how to maximize worker health, satisfaction and productivity.

Research Aims

Specific objectives include, to:

- Determine levels of self-reported stress, health and productivity in the university sector
- Determine the impact of work intensity and number of working hours on levels of stress, health and productivity
- Determine the effects of job involvement and work overload on work-life balance in practice
- Determine the significance of worker-environment fit in mediating the relationship work schedule and levels of stress, health and productivity.

Methods

A quantitative multivariate survey methodology has been used to measure key independent and dependent variables in a cross-sectional sample of academic staff working in Irish universities. This consists of a purpose designed electronic questionnaire sent to academics in three Irish universities.

A quantitative diary study has been designed and piloted, with the data collection to begin in Quarter One 2011.

Progress to Date

Data analysis on the questionnaire data is complete. A journal article is in preparation. Data collection on phase 2 of the study will begin in February 2011. This will consist of a quantitative diary study, which focuses on post-work recovery and detachment from work.

Dissemination

Hogan, V. & Hogan M. (2010). An examination of factors that affect work hours, work-life conflict, and well-being in Irish academics. *STAR Conference*. NUI Galway, August 2010.

BUILDING CAPACITY FOR WORKPLACE HEALTH PROMOTION

Principal Investigator: Dr Margaret Hodgins
Researchers: Dr Margaret Hodgins and Ms Lucia Canavan
Funder: Health Service Executive (HSE)

Background

Building capacity has become an important issue for health promotion, identified as one of the five actions in the World Health Organisation's Bangkok Charter for promoting health in a globalised world (WHO, 2005). In this study the focus is on building capacity through workforce development and in particular the workforce within public sector workplaces, as the public sector is responsible for the employment of a sizable section of the labour force (18% of labour force in Ireland in 2006 (ILO, 2010). There is a case to assess the public sector in terms of its capacity for workplace health management. Psychosocial risk factors and associated illnesses are significant in the sector.

Research Aims

The principal aim of the study was to measure capacity for and activity within workplace health promotion and occupational health in public sector workplaces in Ireland.

Methods

The study utilised a survey. The sampling frame consisted of all Public Sector workplaces in Ireland, defined in this study in accordance with criteria established by Humphreys (1983, 1986) as described by Humphreys & Gorman (1987). In the absence of access to a comprehensive listing of contact details for public sector in the public domain, a database was assembled for the purposes of the study. Data was extracted from administrative sources, leading to a listing of 510. The study aimed to map the sector in terms of a listing of contact details, and then sample from this listing. The size of the subsection within the sector, the complexity of agencies and the number of employees in each sector varied considerably, creating significant challenges within the resource constraints of the study. The approach taken was to treat each subsection separately, deciding how best to sample from that subsection in a way that best ensured representation. A final sample of 229 was achieved, and a response rate of 29.9% was obtained. A questionnaire was devised to meet the main aim of the study and included questions regarding the qualifications/training undertaken by those with responsibility for health, an assessment of workplace policies, practices, health promotion and occupational health activity, and perceived supports and priorities for health improvement.

Progress to Date

The findings of the study demonstrate that while there are people with dedicated roles in health and safety matters, and public sector organizations appear to be highly compliant with their responsibilities around risk assessment, personnel with dedicated workplace health promotion roles are few in number. Allowing for the limitations set by the low response rate, the study demonstrates that capacity for comprehensive workplace health promotion is limited and requires investment and development. To some extent this is acknowledged, as respondents identified health promotion as a training need, implying a willingness to build capacity in the area.

An interest in mental health promotion reflects the pattern of psychosocial risks in the sector, indicated that there is a need for training and support to develop initiatives that take organizations beyond policy. Capacity building in respect of workplace health promotion involves supporting and assisting workplaces to assess need, plan, implement and evaluate comprehensive interventions that address the complexities of these problems and their outcomes.

Dissemination

Research findings are to be disseminated to all members of the national network for workplace health promotion, HSE West and NUIG Occupational Health programmes.

HEALTH BEHAVIOUR IN SCHOOL-AGED CHILDREN (HBSC): A WORLD HEALTH ORGANISATION CROSS-NATIONAL STUDY

Principal Investigator:	Dr Saoirse Nic Gabhainn
Researchers:	Dr Colette Kelly, Dr Michal Molcho, Dr Amanda Fitzgerald, Ms Natasha Clarke, Ms Aoife Gavin, Ms Priscilla Doyle, Ms Siobhan O'Higgins, and Ms Lorraine Walker.
Funder:	Health Promotion Policy Unit and Office of the Minister for Children and Youth Affairs, Department of Health and Children

Background

Health Behaviour in School-aged Children (HBSC) is a cross-national research study conducted in collaboration with the WHO Regional Office for Europe. The HBSC international survey runs on an academic 4 year cycle and in 2009/10 there were 43 participating countries and regions (www.hbsc.org). Cross nationally, HBSC collects information on the key indicators of health, health attitudes and health behaviours, as well as the context of health for young people aged 11, 13 and 15 years.

Research Aims:

The overall study aims to gain new insight into, and increase our understanding of young people's health and wellbeing, health behaviours and their social context. The overarching aim is to contribute to the scientific literature and inform policy and practice that affects children and young people's lives. In Ireland, children from the age of 9-17 years are included to obtain a more coherent understanding of health behaviours and their context from middle through to late childhood/adolescence. In 2010 information on sexual health behaviours were collected from those aged 15 years or older to establish baseline data on sexual health among young people in Ireland. Previous HBSC Ireland surveys did not collect this data.

Methods

HBSC is a school-based survey with data collected through self-completion questionnaires administered by teachers in the classroom. The HBSC survey instrument is a standard questionnaire developed by the international research network. Younger children received a shorter questionnaire. A nationally representative sample of primary and post-primary schools from the Republic of Ireland was selected. Individual schools were randomly selected and subsequently, class groups within schools were randomly selected for participation.

Results

Data collection for the 2009/10 survey is now complete with a response rate of 66.5% including 256 schools and 16,060 students. Data entry is ongoing and data analysis and report writing will commence thereafter. The first national report from the 2010 Irish HBSC survey will be launched in the Autumn of 2011. Work on the international HBSC data file, which includes data from 11, 13 and 15 year olds, has begun. Dissemination of the findings from the 2006 is ongoing.

Key Publications and Reports:

Brooks, A-M., Hanafin, S., Cahill, H., Nic Gabhainn, S. & Molcho, M. (2010). *State of the Nations Children 2010*. Dublin: Department of Health and Children.

Kelly, C., Molcho, M. & Nic Gabhainn, S. (2010). Patterns in weight reduction behaviour by weight status in schoolchildren. *Public Health Nutrition*, 13(8), 1229–1236.

Molcho, M., Kelly, C. & Nic Gabhainn, S. (2010). Deficits in Health and Well-Being among Immigrant Children in Ireland: the Explanatory Role of Social Capital. *Translocations: The Irish Migration, Race and Social Transformation Review*, 6(1).

IMMIGRATION AND HEALTH

Principal Investigators: Dr Michal Molcho, Dr Colette Kelly and Dr Saoirse Nic Gabhainn

Background

Immigration is a world-wide phenomenon, involving many millions of people and most countries. In 2006, an estimated 3.5 million people settled as new residents in the 27 EU countries, with the largest increase in immigration evident in Spain and Ireland. In Ireland in 2006, 15% of the population were foreign-born. Yet, there is paucity of research in this area in Ireland. The national profile of immigrants in Ireland reveals that about half of the non-Irish Nationals are from the UK and the rest are from countries in Central and Eastern Europe, the Americas, Asia and Africa. It is estimated that many of the immigrants originating from the UK are returning emigrants. Of the child population, 6.1% are non-Irish nationals.

Research Aims

This research area aims to explore the health and wellbeing of child immigrants in Ireland. We are exploring the differences in health of immigrants compared to their native peers; differences between first and second generation immigrants and differences between immigrant children in the UK and those not from the UK.

Methods

Using the HBSC data, children who reported that they were born outside of Ireland and children whose parents were born outside of Ireland are defined as immigrants. This group was matched with native children. Matching was by gender, age, socio-economic status and by geographic location.

Progress to Date

Findings to date suggest the immigrant children are similar to their native peers in relation to their health and wellbeing, however, immigrant children reported lower levels of life satisfaction and were more likely to experience social exclusion. Differences were found between UK and non-UK child immigrants. However, international analysis revealed that there are no clear cross-national patterns and the health and behaviour of child immigrants. Further international work is due to commence in 2011.

Dissemination

Molcho M., Kelly K., Nic Gabhainn S. (2010) Deficits in health and wellbeing among immigrant children in Ireland: the explanatory role of social capital. *Translocation: Migration and Social Change*, 6(1).

Molcho, M., Cristini, F., Nic Gabhainn, S., Santinello, M., Moreno, C., Gaspar de Matos, M., Bjarnson, T., Baldassari, D. & Due, P. (2010). Health and well-being among child immigrants in Europe. *Eurohealth*, 16(1), 20-23.

INJURY AND VIOLENCE PREVENTION

Principal Investigator: Dr Michal Molcho

Background

Injuries are the leading cause of death and disability among young people and one of the leading causes of death across all age groups. Globally, more than 5 million people die of injuries every year. It is estimated that for every death, injuries send 30 people to hospital, 300 others to emergency departments for outpatient treatment, and many more are treated for injury in the community. The magnitude of this public health problem led the WHO and the EU Council to declare violence and injury prevention as a key area for action. Overall in Ireland, injuries are the fourth leading cause of death and the first leading cause of death in young people with an estimated 1,500 deaths in Ireland. Yet, to date, there is a lack of concentrated national efforts that are multi-disciplinary in nature. Despite the clear recommendation of the EU Council and the WHO, Ireland still lacks research in the area, and policies, although in existence, are not being evaluated for their implementation and their effectiveness.

Research Aims

The main aims of this activity are to increase knowledge around injury prevention and awareness of the importance of injury prevention and safety promotion.

Methods

While to date there are gaps in surveillance data on injury, this activity aims to utilise existing sources of data. These include administrative data including mortality data and HIPE data, as well as data collected on injuries in the population including HBSC and SLAN data. The nature of the work allows for collaboration with other national partners in the HSE and in various hospitals to assist and make the most of data that has been collected, as well as international partners including WHO and UNICEF.

Progress to Date

As this is an ongoing project that is unrelated to funding, it yields various collaborations and publications as well as other type of activities including participation in the WHO-VIP programme as a mentee. The WHO-VIP programme aims at building capacities and networks. On each cycle, a small number of mentors and mentees are paired in order to assist the mentees in developing their skills as well as creating a network of current and past members of the programme. The network has met at the 10th World Conference on Injury Prevention and Safety Promotion.

Dissemination

Molcho M. (2010). Injury and physical activity: bridging the risk of injury in physical activity. Key note address in the *Scientific conference on trauma in children in Israel*. June 1st 2010, Ramat Gan, Isreal

Harel-Fisch Y., Walsh SD., Fogel-Grinvald H., Amitai G., Pickett W., Molcho M., Due P., Gaspar de Matos M., Craig W. & Members of the HBSC Violence and Injury Prevention Focus Group. (in press). Negative school perceptions and involvement in school bullying: A universal relationship across 40 countries. *Journal of Adolescence* (in press).

Molcho M, Kelly C, Nic Gabhainn S. (2010). Perceptions of local area as predictors of injury and physical activity among schoolchildren in Ireland. *Injury prevention*, 16(supp 1): A235.

Molcho. M., Yafe, E. (2010). School injury in Israel: findings from Magen David Adom. *Injury prevention*, 16 (supp 1): A250.

Hasselberg, M., Molcho, M., (2010). WHO MENTOR VIP: Potential benefits of the programme. (Invited presentation). *10th World Conference on Injury prevention and Safety Promotion Injury prevention*, 21-12 September 2010. London UK.

PARTICIPATORY RESEARCH PROCESSES (PRP)

Principal Investigators:	Dr Saoirse Nic Gabhainn and Dr Jane Sixsmith
Researchers:	Ms Priscilla Doyle, Dr Colette Kelly
Students:	Ms Siobhan O'Higgins, Ms Gail Cummins (PhD students), Ms Natasha Clarke (MA student).

Background

Increasingly professional practice, service provision and policy developments for health are a collaborative process in which participation is sought from interested parties. Simultaneously, health promotion research continues to develop with the integration and application of the tenets of health promotion applied throughout the research process. In this way the active meaningful participation of people is sought and, at the very least, is not disempowering for them or for the researchers involved.

Research Aims

To explore and develop participation throughout the research process.

Methods

The participation agenda challenges researchers to consider approaches to involving participants in a meaningful way throughout the research process (Nic Gabhainn & Sixsmith, 2006). We have been working on the development of research protocols that are designed to facilitate active engagement. The developed Participatory Research Processes (PRP) includes a three-stage approach to data generation, collation and analysis, with groups of participants. In different applications of this approach the data generated have been both visual and written; with no advantage apparent to the more complex approaches. The approach explicitly concerns power within the research cycle and the requirement for research to be both empowering and health promoting in the widest sense. We have explored some of these ideas through application in a number of studies.

Progress to Date

One project, completed in 2010, was to explore with young people and Relationship and Sexuality Education (RSE) teachers how to improve the sex education curriculum through schools in Ireland, and was funded by a PhD scholarship from the Office of the Minister for Children and Youth Affairs. The aim was to facilitate school students to generate, collate and present their perceptions of effective sex education. Their presented ideas were then discussed by RSE teachers as to their practicality and feasibility. Children, as equal stakeholders in the Health Behaviour in School-aged Children (HBSC) study, were also facilitated through the PRP to explore and present their ideas on how the HBSC Ireland data could be disseminated as a child/youth friendly resource. The Children's Advisory Group for the Health Behaviour in School-aged Children (HBSC) study was established using PRP protocols to ensure children are involved in all stages of the HBSC research process.

Dissemination

O'Higgins, S & Nic Gabhainn, S. (2010). Youth Participation in setting the agenda: learning outcomes for sex education in Ireland. *Sex Education*, 10 (4), 387-403.

O'Higgins, S. & Nic Gabhainn, S. (2010). Participatory research methodology applied to elicit young Irish peoples' perceived learning outcomes for sex education. Paper presented to *Researching Young Lives: Power, Representation and the Research Process*, Conference of the Institute for the Study of Knowledge in Society, Limerick, April 2010.

O'Higgins, S. & Nic Gabhainn, S. (2010). Youth participation in setting the agenda: learning outcomes for sex education. Poster presented to the *IUHPE World Conference*, Geneva, July 2010.

Doyle, P., Kelly, C., Cummins, G., Sixsmith, J., O'Higgins, S., Molcho, M. & Nic Gabhainn, S. (2010). *Health Behaviour in School-aged Children: What do children want to know?* Dublin: Department of Health and Children.

b. Programme Design and Evaluation

- A BLENDED LEARNING ENQUIRY BASED MODULE FOR BEST PRACTICE OF EVALUATION SKILLS IN HEALTH PROMOTION
- A PROCESS EVALUATION OF THE WINNING NEW OPPORTUNITIES PROGRAMME FOR UNEMPLOYED PEOPLE
- CREATING A COMMON FOUNDATION IN SOCIAL CARE
- DEVELOPING A MENTAL HEALTH PORTAL
- EVALUATION OF THE STRENGTHENING FAMILIES PROGRAMME
- EVALUATION OF 'ZIPPY'S FRIENDS', AN EMOTIONAL WELL-BEING PROGRAMME FOR CHILDREN IN PRIMARY SCHOOLS
- HEALTHY EATING AND PHYSICAL ACTIVITY IN SCHOOLS
- TRIPLE P PROGRAMME POPULATION SURVEY

A BLENDED LEARNING ENQUIRY BASED MODULE FOR BEST PRACTICE OF EVALUATION SKILLS IN HEALTH PROMOTION

Principal Investigator: Dr Lisa Pursell
Other researchers: Ms Verna McKenna and Dr Barbara Griffin
Funder: National Academy for Integration of Research, Teaching & Learning (NAIRTL)

Background

The current project arose from a recognition of the need to further develop the evaluation component of the MA PG/Dip. in Health Promotion into a stand alone module that would provide students with a greater understanding of the relationship between the evidence-base and research practice of evaluation in health promotion.

Research Aims

The aim was to develop, deliver and evaluate a research-based module on evaluation practice using an enquiry-based approach incorporating new learning technologies. Specific objectives of this project were to: evaluate the delivery and outcomes of the module; develop a 'tool-kit style' handbook for a blended learning approach to a competency based module.



Methods

Evaluation methodology included interviews with key module contributors, reflective practice, content analysis of online tools and surveys of student participants. Process and outcome evaluations utilized survey instruments to examine the module's implementation post completion and to compare perceived competencies pre and post completion respectively. The target population for the process evaluation comprised students who completed the module and for the outcome evaluation included controls registered on the MA/PGDip in Health Promotion Programme.

Results

Of the 14 students who completed the module 11 responded to both survey phases. The majority of students responded positively to the EBL approach. Responses to working in groups were mixed with an appreciation of both positive and negative aspects. Varied engagement with e-technologies was reported with Wikis used most extensively. Impact of module on students' perceptions of their competencies revealed no difference between controls and pre-module participants. Post module participants reported significant improvements in perceived competencies with the greatest increases associated with knowledge of evaluation. Wider impacts of the approach to teaching were enhanced partnership and links with practitioners.

Dissemination

Pursell, L., McKenna, V., Griffin, B. (2010). *A blended learning enquiry based module for best practice of evaluation skills in health promotion*. Presented to the NAIRTL: Flexible Learning, Dublin, October (2010).

Pursell, L., McKenna, V. and Griffin, B. (2010). Evaluation of a blended learning enquiry based module for best practice of evaluation skills in health promotion. *National Institute of Health Sciences Research Bulletin*, 5(4)122-123.

Pursell, L., V. McKenna, B. Griffin and S. McGrory. (2010). *Development and Delivery of a Competency-based Module in Health Promotion: A Guide using Blended Learning*. Galway, Health Promotion Research Centre, June 2010.

Pursell, L., V. McKenna and B. Griffin. (2010). *Evaluation of a blended learning enquiry based module: Evaluation of health promotion programmes*. Galway, Health Promotion Research Centre, August, 2010.

A PROCESS EVALUATION OF THE WINNING NEW OPPORTUNITIES PROGRAMME FOR UNEMPLOYED PEOPLE

Principal Investigator: Professor Margaret Barry
Researcher: Ms Aleisha Clarke
Funder: Mental Health Ireland

Background

The Winning New Opportunities (WNO) programme, which is based on the international evidence based JOBS programme, is designed to enhance job seeking skills and improve the mental health of the unemployed. Between November and June 2010 the Health Promotion Service in the HSE West, in collaboration with other agencies, implemented the programme across seven counties in Ireland; Donegal, Sligo, Leitrim, Galway, Roscommon, Limerick and Tipperary. The programme consists of five intensive half day workshops held over a one to two week period. The WNO programme is facilitated by two trainers and applies problem solving and group decision making process, together with inoculation against setbacks, social support and participatory job search skills.

Research Aims

The study aims to assess the quality of implementation of the programme with a diverse group of both recently employed and long-term unemployed people. The intention of the project is to inform the feasibility of extending the WNO programme to a national level.

Methods

Data were collected from the trainers and participants at the baseline and post-intervention. A total of 247 participants and 31 trainers took part in the evaluation across 24 centres. A range of measures was used to assess the quality of implementation and the impact of the programme on the participants. These measures were based on those used in previous studies on the JOBS programme (Vinokur *et al.*, 1995; Barry *et al.*, 2006).

Results

The results from this evaluation indicate that the programme was implemented successfully and that it had a positive impact on programme participants. Feedback from the participants at post-intervention indicates a high level of programme fidelity and quality of implementation. The results confirm that the WNO training techniques were actively used throughout the implementation of the programme and that the trainers successfully built trust and facilitated an active and supportive group process within a positive learning environment.

In terms of the programme impact, results indicate that the programme led to a significant improvement in the participants' job search skills. There was also a significant increase in participants' confidence levels in relation to their sense of control of the current situation and their ability to deal with possible difficulties and setbacks in their search for a suitable job. The benefits reported in this study are consistent with previous evaluations of the JOBS programme both in Ireland (Reynolds *et al.*, 2010; Barry *et al.*, 2006) and internationally (Vinokur *et al.*, 1991; Vinokur *et al.*, 1995; Vuori *et al.* 2002; Vuori & Silvonen 2005).

Dissemination

Clarke, A.M & Barry, M.M. (2010). *A Process Evaluation of the Winning New Opportunities Programme For Unemployed People* Health Promotion Research Centre, NUI Galway.

CREATING A COMMON FOUNDATION IN SOCIAL CARE

Principal Investigator: Dr Jane Sixsmith
Researchers: Ms Maureen D'Eath and Dr Martin Power
Funder: Leonardo da Vinci, European Commission

Background

There is a general lack of consistency across the EU in the provision and requirement for training and education in the area of social care. In the Irish context training and education for social care workers is in a state of flux in part due to the Health Professionals Act 2005 which provides the framework at a national level for the future registration of social care workers. The programme, *Creating a Common Foundation for Social Care*, includes partners in 14 EU member states in the further development of a transferable award in social care at a foundation level. This award, known as the *European Care Certificate* (ECC), is assessed through an unseen examination.

Research Aims

This research aim is to increase the uptake of the ECC in the participating countries so that at the end of the project a realistic and growing ECC network in each country will exist. The Project has the linked objectives of placing the ECC on the participating countries' National Qualifications Framework and to get the Certificate placed, at an appropriate level, on the European Qualifications Framework (EQF) either via a country or 'directly' by the ECC Board as an EU wide sectoral award.

Methods

Communication with stakeholders in the social care sector will be established to increase the recognition of and the demand for the ECC. Students on the Social Care programmes in NUI Galway will be offered the opportunity to sit the ECC exam.

Progress to Date

The target for the project as a whole is to achieve 1,200 passing the ECC examination. To date internationally 700 people have done so with 80 of those from Ireland. It is planned that the ECC examination will be offered to further students on the NUIG social care programmes in 2011. Three additional partners have joined the project resulting in further development of the network. Reviews of the National Qualifications Frameworks (NQF) in each partner country have found large variation in the interpretation and stage of development. In the Irish context it is unlikely that the ECC can be recognised as an award on the NQF a situation similar to the majority of partner countries. The UK lead partner is in negotiation with an accrediting agency that may facilitate the ECC award to be registered on the UK's NQF so providing a potential route to the European Qualifications Framework.

Dissemination

The projects website is at <http://www.eccertificate.eu>.

DEVELOPING A MENTAL HEALTH PORTAL

Principal Investigator: Dr Jane Sixsmith
Researcher: Ms Priscilla Doyle
Funder: Counselling Service, NUI Galway

Background

Third level institutions are not only centres of academic achievement but are also places where students develop personally and socially. The provision of easily accessed, up-to-date, accurate and relevant information about health issues and available services is crucial to better support students and to foster an environment that promotes health on campus. Mental health is fundamental to good health and quality of life. The College Lifestyle and Attitudinal National (CLAN) Survey recommends that priority should be given to mental health promotion. In a large, busy, and complex organisation such as a college, computer-based health initiatives, available to everyone through the campus computer facilities and services, are an obvious route for communication. Computer-based technologies can play an important role, not only through the conveyance of information and health alerts, but also through engaging users in problem solving, identifying personal risk, and developing skills and behaviours.

Research Aims

The Mental Health and Well-Being Portal project aims to develop secure access for third level students across third level institutions to online mental health and well-being information and services. This is a collaborative project between University College Cork, Trinity College, Dublin, National University of Ireland Galway and Dundalk Institute of Technology.

Methods

There were two components to this study.

Scoping Research:

Identify, gather, collate, and evaluate content and best practise literature and licensing agreements of computer-based health initiatives which focus on the promotion of young people's mental health. In addition there was exploration through telephone interview with health professionals in each participating institution to identify the needs and issues in general raised by students.

Formative Evaluation of Portal:

A total of eight focus groups were carried out, two per institution with students. Participants were recruited through convenience and snowball sampling. Students reviewed the content and presentation of material for the mental health portal from their own perspective.

Progress to Date

This study has been completed and has contributed to the development of a student website, My Mind Matters, which provides information, help, support and advice to college students around a range of topics that can affect mental health and well-being. In some colleges, students can also apply for confidential online one-to-one counselling and other interactive supports.

Dissemination

The website was officially launched in NUIG by Ryan Tubirdy on Monday 7th February 2011 and can be accessed at My Mind Matters (MMM) www.mymindmatters.ie.



EVALUATION OF THE STRENGTHENING FAMILIES PROGRAMME

Principal Investigator: Dr Jane Sixsmith
Researcher: Ms Maureen D'Eath
Funder: Western Regional Drugs Task Force

Background

The Strengthening Families Programme (SFP) is a family skills training programme designed to enhance resilience and reduce risk factors, including those for alcohol and substance misuse in young people and their parents. It is adapted to a range of different age groups and has been run in 17 countries. First piloted in Ireland in 2007, the SFP has been run in a variety of locations and by a number of organisations. In 2010 the Western Region Drugs Task Force ran the 14 session programme on a pilot basis, over a 14 week period in four centres in the West of Ireland.

Research Aims

To determine the effectiveness of the Strengthening Families Programme in the West of Ireland.

Methods

This research has been commissioned to evaluate the application of the SFP in the West of Ireland. It is in three parts: a literature review, process and impact evaluation.

Literature Review:

Literature pertaining to the SFP was identified, gathered, reviewed and reported.

Process evaluation:

A qualitative approach to process evaluation of the Strengthening Families Programme was used with data collected through semi-structured face-to-face and telephone interviews with programme participants and group interviews with other stakeholders.

Impact evaluation:

A quantitative approach was used to assess the immediate effects of the intervention through pre and post intervention measurements with programme participants using a questionnaire comprised of components of the Family Environment Scale (Moos & Moos, 2002) and pertinent questions from the Slán Survey (adults) and the Health Behaviours in School Aged Children Study (children) about consumption of alcohol and drugs. The questionnaire was administered using the Interwrite Response System to promote an interactive and empowering approach to data collection

Progress to Date

A draft literature review has been written which provides the context to the programme. Data, for both process and impact evaluation components have been gathered, analysed and compiled in a draft report submitted to funders.

Dissemination

None to date.

EVALUATION OF 'ZIPPY'S FRIENDS', AN EMOTIONAL WELL-BEING PROGRAMME FOR CHILDREN IN PRIMARY SCHOOLS

Principal Investigator: Professor Margaret Barry
Researcher: Ms Aleisha Clarke
Funders: HSE Population Health, National Office for Suicide Prevention, Irish Research Council for Humanities and Social Sciences

Background

Zippy's Friends is an international school-based programme designed to promote the emotional wellbeing of children aged five to seven years old. In February 2008, the *Zippy's Friends* programme was introduced into Irish primary schools on a pilot basis as part of the Social Personal and Health Education (SPHE) curriculum. With the support of the Department of Education and Science and the Health Service Executive, the programme was piloted in 30 designated disadvantaged schools (DEIS) in the West of Ireland. An evaluation of the pilot implementation of the programme was undertaken.

Research Aims

The aims of the evaluation study are to:

- Determine if an international evidence-based programme could be adapted and successfully implemented in the local context of disadvantaged primary schools in Ireland
- Assess the immediate and long term impact on the pupils' emotional and behavioural wellbeing and coping skills
- Examine the process of implementation and the relationship between this process and the programme outcomes.

Methods

The study employs a randomised controlled design, with data collection from teachers and pupils before, during, after and at 12 months post-implementation. A total of 730 pupils and 42 teachers from 41 designated disadvantaged schools were randomly assigned to control and intervention groups. The evaluation is comprised of a range of both structured questionnaires and qualitative methods, including children's participatory workshops and the draw and write technique, designed to assess the process of programme implementation and the programme effects on the children and teachers.

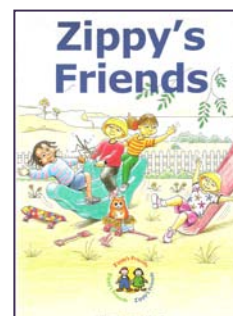
Results

Analysis of the baseline, interim, end of programme and follow up data is complete. The end of programme findings indicate that *Zippy's Friends* was successfully implemented in Irish primary schools and lead to significant improvements in the children's emotional literacy and coping skills, reduced hyperactivity levels and improved relationships in the classroom. Twelve month follow-up data revealed that improvements in the intervention groups' emotional literacy skills were maintained.

Dissemination

Clarke, A.M. & Barry, M.M. (2010). *An Evaluation of the Zippy's Friends Emotional Wellbeing Programme for Primary School Children in Ireland*. Health Promotion Research Centre, NUI Galway.

Clarke, A.M., O'Sullivan, M., & Barry, M.M. (2010). Context Matters in Programme Implementation. *Health Education*, 110(4) 273-293.



HEALTHY EATING AND PHYSICAL ACTIVITY IN SCHOOLS

Principal Investigator: Dr Saoirse Nic Gabhainn with international collaborators
Researchers: Dr Colette Kelly and Dr Amanda Fitzgerald
Funder: European Commission

Background

Currently one in four children are overweight or obese. A multilevel approach is needed to both treat and prevent obesity. Schools reach a majority of children and can contribute to the protection and promotion of children's health. Across EU member states there are many initiatives aimed at reducing the number of children who are overweight. However, currently no EU member state has an effective national school policy in operation. The Healthy Eating and Physical Activity (HEPS) project aims to bridge this gap by helping EU countries initiate and support the development of national school policies on healthy eating and physical activity in their countries. The HEPS Project is connected with the Schools for Health in Europe Network (www.she.eu) and supports the SHE National Coordinators in policy and programme development for healthy eating and physical activity. The HEPS project is coordinated by NIGZ in the Netherlands.

Research Aims

To develop, implement and evaluate effective policy and sustainable practices on healthy eating and physical activity in schools; and to support the development and implementation of comprehensive, sustainable and evidence-based school programmes in EU member states for promoting healthy eating and physical activity based on the health promoting school approach.

Methods

This is a piece of co-ordinated action research which involves the development of the HEPS Schoolkit. The Schoolkit consists of 1) HEPS Guidelines: a set of principles on promoting healthy eating and physical activity in schools, 2) HEPS Advocacy Guide: a tool assisting those advocating for the development of national school policy towards promoting healthy eating and physical activity, 3) HEPS Inventory Tool: a set of qualitative criteria for school programmes for the promotion of healthy eating and physical activity, 4) HEPS Tool for Schools: a manual that will help schools to introduce and implement a school programme promoting healthy eating and physical activity and 5) HEPS Training Resource: with information for delivering training and training activities drawn from practice across Europe that aim to increase awareness of the health promoting school approach and developing a whole school policy on healthy eating and physical activity. The HEPS Schoolkit has been developed together with the SHE National Coordinators and professionals from the education sector.

Progress to Date

The HEPS guidelines, advocacy tool, inventory tool and tool for schools have all been developed and are available for download at (www.hepseurope.eu). The HEPS training resource has also been developed and was used at teacher training events in Poland and Greece in November 2010.

Key publications and reports

Dadaczynski, K., Paulus, P., de Vries, N., de Ruiter, S. & Buijs, G. (2010). HEPS Inventory Tool: An inventory tool including quality assessment of school interventions on healthy eating and physical activity.
<http://ws10.e-vision.nl/hepseurope/upload/HEPS%20Tool%20for%20schools%20HRes.pdf>

Simovska, V., Dadaczynski, K., Viig, N.G., Tjomsland, H.E., Bowker, S., Woynarowska, B., de Ruiter, S. & Buijs, G.(2010). HEPS Tool for Schools: A guide for school policy development on healthy eating and physical activity.
http://ws10.e-vision.nl/hepseurope/upload/inventorytoolHRes_def.pdf



TRIPLE P PROGRAMME POPULATION SURVEY

Principal Investigators: Dr Saoirse NicGabhainn & Brid Featherstone
Researcher: Dr. Lisa Pursell
Funders: Triple P Longford and Westmeath Parenting Partnership and Archways Ltd.

Background and Research Aims

This project forms part of the Triple P (Positive Parenting Programme) Longford and Westmeath Parenting Partnership programme. Triple P is a population level public health programme of parenting and family support that includes a number of levels of intervention. It has been implemented in several of countries including Australia, the US, the UK, Canada and Germany. The Triple P programme aims to prevent severe behavioural, emotional and developmental problems in children by enhancing parental confidence, knowledge and parenting skills. The current project comprises analysis of the population survey data commissioned from Millward Brown Lansdowne by the Triple P Longford and Westmeath Parenting Partnership programme currently being implemented in Ireland.

The aim of the baseline population survey is to determine the level of child behavioural and emotional problems, parental problems and parental help seeking behaviour in the community. A follow-up survey will enable examination of intervention and prevention effects of the programme.

Methods

Geographically defined intervention and control populations were sampled for the population survey. The intervention population will receive full exposure to the multi-level Triple P intervention and the control area is only partially or minimally exposed to the intervention.

The baseline survey recorded a number of demographic variables concerning the responding parent, the target child and their family setting. These included age and gender of children and parents in the household, the responding parent's employment status, education level, marital status and ethnic background. Assessment of children's behavioural and emotional problems included variables on children's strengths and difficulties. Assessment of parental awareness of health and mental health problems in children included parental awareness of physical and mental health problems for young people. Assessment of family risk factors included parental consistency and parental adjustment to parenting. Assessment of family protective factors included help-seeking behaviour, parental self-efficacy, parental social support

Progress to Date

Preliminary analysis of the baseline survey data is being conducted and a draft report being prepared for the Triple P Longford and Westmeath Parenting Partnership.

Dissemination

None to date.

c. Health Service Research

- CARING ABOUT CARE PLANNING: ASSESSMENT AND CARE PLANNING TOOLS AND PROCESSES IN LONG-STAY SETTINGS IN THE REPUBLIC OF IRELAND
- QUALIFICATIONS AMONG NON-NURSING CARE STAFF IN LONG-STAY SETTINGS IN THE REPUBLIC OF IRELAND
- RESEARCH INTO THE OPTIMAL SETTING FOR CHLAMYDIA SCREENING IN IRELAND

CARING ABOUT CARE PLANNING: ASSESSMENT AND CARE PLANNING TOOLS AND PROCESSES IN LONG-STAY SETTINGS IN THE REPUBLIC OF IRELAND

Principal Investigator: Dr Martin Power
Researchers: Mr Eric Van Lente
Funder: NUI Galway

Background

The introduction by the Health Information Quality Authority of National Standards for Residential Settings for Older People (2009) was a milestone in the provision of care for older people in Ireland. Detailing requirements in relation to a variety of domains the standards prescribe the use of minimum data set tools for assessment and set down requirements around care planning. As such, they provide both a common framework for exploring and evaluating tools and processes in use in residential settings for older people and, represent a significant opportunity to examine the impact of an evolving regulatory process in an area that, in Ireland at least, has previously received scant attention.

Research Aims

To explore tools, processes and perspectives surrounding assessment and care planning in long-stay settings for older people in the Republic of Ireland.

Methods

Postal/online survey. The questionnaire was comprised of four sections. The first dealt with basic data about the centre (total number of residents and dependency levels). The second explored types of assessment tools in use at that centre. The third examined care planning related processes and training. The final section explored respondents' perspectives on the benefits, drawbacks and obstacles to care planning. The sample consisted of 250 centres and 106 centres responded (42.5%).

Progress to Date

Data collection is complete and the drafting of the report is in progress. Preliminary findings showed that a wide variety of assessment tools were in use across the domains of care. Some domains demonstrated an absence of standardised tools and in-house modification of tools was not uncommon. Responsibility for care documentation (setting up, updating and revisions) was almost exclusively the preserve of nursing staff. While respondents viewed care plans as contributing to quality care, 'time' (setting up, updating and revisions) was noted both as a drawback of care plans and an obstacle to their completion.

Dissemination

Power, M. & Vanlente, E. (2011). Caring about care planning: Tools, processes, training and perspectives on assessment and care planning in long-stay settings for older people in the Republic of Ireland. *Social Care Ireland* (Annual conference) Athlone, March 2011.

QUALIFICATIONS AMONG NON-NURSING CARE STAFF IN LONG-STAY SETTINGS IN THE REPUBLIC OF IRELAND

Principal Investigator: Dr Martin Power
Researchers: Ms Mary Joe Lavelle
Funder: NUI Galway

Background

In Ireland, the professionalisation of the health and social care labour force has received ever increasing attention from policy-makers in recent years. The introduction of the Health and Social Care Professionals Act (2005) and the establishment of the Health Information Quality Authority (HIQA) (2007) epitomise this trend. The former provides the legislative basis for standards of professional conduct, training, education and competence among health and social care professionals. While the latter, is an independent body with a remit to ensure quality through the development, monitoring and enforcement of standards across the health and social care sector. In July 2009, the HIQA introduced National Quality Standards for Residential Care Settings for Older People, which included requirements in relation to training and education for non-nursing care staff.

Research Aims

To scope qualifications held or being pursued by non-nursing care staff in long-stay settings for older people in the republic of Ireland.

Methods

Postal survey. The questionnaire was comprised of 10 questions, and 200 centres were contacted. The response rate was 52% (104 centres). The total capacity of the providers that responded was 7,149 residents (35% private sector/65% public sector). The total number of non-nursing care staff covered by the survey was 3,878. Of these staff 1,499 (39%) were employed in the private sector, while 2,379 (61%) were employed in the public sector.

Results (or Progress to Date)

The survey revealed that 1,438 (38%) of the staff held a qualification at level 5 (National Framework of Qualifications (NFQ) or above and 308 (8%) were pursuing a qualification at this level or above. As such, 2,132 (55%) non-nursing care staff neither held nor were pursuing a qualification within the NFQ. Of the staff that did hold a qualification, the vast majority were at level 5 (90%) and a similar trend was apparent for staff engaged in training/education, with 291 (91%) pursuing a qualification at level 5.

Dissemination

Power, M. & Lavelle, M-J. Qualifications of non-nursing residential care staff in the Republic of Ireland. *Journal of Quality in Ageing and Older Adults* (in press).

RESEARCH INTO THE OPTIMAL SETTING FOR CHLAMYDIA SCREENING IN IRELAND

Principal Investigators: Dr Diarmuid O'Donovan and Professor Ruairi Brugha (RCSI)
Researchers: Ms Deirdre Vaughan, Dr Paddy Gillespie (Dept. Economics),
 Dr Emer O'Connell (HSE) and Dr Myles Balfe (RCSI)
Funders: Health Protection Surveillance Centre /Health Service
 Executive / Health Research Board

Background and Research Aims

The aim of this study is to:

- Build a focused evidence base of public and professional perspectives of Chlamydia testing
- Design appropriate service models based on identified enablers and barriers to service uptake in Ireland
- Pilot these models in a number of varied non-STI specialist such as general practices (rural and urban), Student Health and family planning clinic settings.
- Assess the feasibility and response uptake of the screening and community based partner notification programmes in these settings.

Methods

The project had two phases:

Phase 1 composed of a series of interlinked baseline research studies with potential users and service providers of the opportunistic screening. Findings of Phase 1 studies were used to inform the design of opportunistic screening models in primary care settings.

Phase 2 was the pilot screening programme conducted in both healthcare and non-healthcare settings in Galway city and county. The non-health care settings included 'pee-in-a-pot' days in higher education institutions.

An economic analysis of the Chlamydia screening was also being conducted using a stochastic, individual based, dynamic sexual network model developed to simulate sexual behaviour and Chlamydia transmission in Ireland. The impact of the opportunistic screening strategy compared to no screening was modelled in terms of the effect on annual Chlamydia prevalence. A health economic model was constructed to estimate the costs of acute infection, the number of complications and their associated costs, and the costs of the alternative screening strategies under consideration. The results from the transmission dynamic model and the health economic model were combined to conduct a cost effectiveness analysis of the opportunistic screening strategy.

Progress to Date

The screening pilot and all data collection has been completed. The draft final report has been submitted to the funders.

Dissemination

Vaughan, D., O'Connell, E., Cormican, M., Brugha, R., Faherty, C., Balfe, M., O'Donovan, D. (2010). 'Pee-in-a-pot': acceptability and uptake of on-site chlamydia screening in a student population in the Republic of Ireland. *BMC Infectious Diseases*, 10: 325.

Balfe, M., Brugha, R., O'Donovan, D., O'Connell, E., Vaughan, D. (2010). Young women's decisions to accept chlamydia screening: influences of stigma and doctor-patient interactions. *BMC Public Health*, 10: 425.

Balfe, M., Brugha, R., O'Connell, E., McGee, H., O'Donovan, D and Vaughan, D. (2010). Where do young women in Ireland want Chlamydia screening services to be located? *Health and Place*, 16(1), 16-24.

Balfe, M., Brugha, R. O'Connell, E., O'Donovan, D., Vaughan, D. (2010). Triggers of self-conscious emotions in the STI testing process. *BMC Research Notes*, 3: 229.

d. Policy Research

- CompHP: DEVELOPING COMPETENCIES AND PROFESSIONAL STANDARDS FOR HEALTH PROMOTION CAPACITY BUILDING IN EUROPE (2009-12)
- CONNECTING HEALTH RESEARCH IN AFRICA AND IRELAND CONSORTIUM (CHRAIC)
- IRISH YOUTH HEALTH PROMOTION BIBLIOGRAPHY
- MAINSTREAMING HEALTH PROMOTION: RAPID REVIEW OF THE EVIDENCE ON THE EFFECTIVENESS OF MENTAL HEALTH PROMOTION INTERVENTIONS
- PROMO: BEST PRACTICE IN PROMOTING MENTAL HEALTH IN SOCIALLY MARGINALISED PEOPLE IN EUROPE
- TOWARD INTERNATIONAL COLLABORATION ON COMPETENCIES AND ACCREDITATION IN HEALTH PROMOTION AND HEALTH EDUCATION: THE GALWAY CONSENSUS CONFERENCE
- TRANSLATING HEALTH COMMUNICATIONS

CompHP: DEVELOPING COMPETENCIES AND PROFESSIONAL STANDARDS FOR HEALTH PROMOTION CAPACITY BUILDING IN EUROPE (2009-2012)

Principal Investigators:	Professor Margaret Barry and European partners
Researchers:	Ms Colette Dempsey
Project Manager:	Ms Barbara Battel-Kirk
Funder:	Executive Agency for Health and Consumers

Background

The CompHP Project aims to develop a Europe-wide competency framework and system of professional standards for health promotion practice, education and training. This framework will form the basis for building a competent and effective health promotion workforce in Europe.

Research Aims

- To identify, agree and publish core competencies for health promotion practice, education and training in Europe
- To develop and publish competency-based professional standards for health promotion practice
- To promote quality assurance through the development of a Europe-wide accreditation system
- To map competencies and standards in academic courses across Europe and link to accreditation for academic settings
- To pilot competencies, standards and accreditation with practitioners in a range of settings across Europe
- To engage in consultation with key stakeholders and disseminate information on the project outcomes throughout the 27 member states and all candidate countries.

Methods

The CompHP Project is developed in collaboration with the 22 project partners across Europe and uses a consensus-building approach to establish means and methods by which quality governance standards in Health Promotion can be implemented across Europe to stimulate innovation and best practice.

Progress to Date

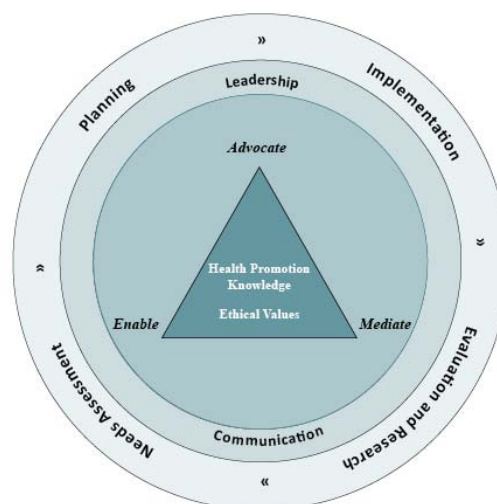
Based on an extensive consultation with health promotion experts across Europe, employing Delphi technique, focus groups and online consultations, the CompHP Core Competencies for Health Promotion Framework has been developed and will be published in February 2011. The development of professional standards and a pan-European accreditation framework is in progress.

Dissemination

Dempsey, C., Barry, M.M. and Battel-Kirk, B. (2010). *Literature Review: Developing Competencies for Health Promotion*. HPRC and Executive Agency for Health & Consumers, European Commission, May 2010.

Further project details at: <http://www.iuhpe.org/index.html?page=614&lang=en>

Figure 1: Illustration of CompHP Competencies Framework



CONNECTING HEALTH RESEARCH IN AFRICA AND IRELAND CONSORTIUM (CHRAIC)

Principal Investigators: Dr Diarmuid O'Donovan, Professor Ruairi Brugha (RCSI) and Dr Steve Thomas (Trinity College Dublin)
Researcher: Dr Khalifa Elmusharaf (PhD student)
Funder: Programme of Strategic Cooperation, Higher Education Authority and Irish Aid

Background

Researchers from three Irish institutions, six African countries and one nongovernmental organisation (NGO) comprise a long-term partnership for capacity building for pro-poor health research in Africa.

Partners:

- Irish researchers are from the Royal College of Surgeons in Ireland (RCSI), Trinity College Dublin (TCD), the National University of Ireland Galway (NUIG)
- African researchers are from Lesotho, Malawi, Mozambique, Sierra Leone, Sudan and Uganda
- The Council for Health Research for Development (www.cohred.org), which has unique expertise in research capacity building, and the Alliance for Health Policy and Systems Research (www.alliance-hpsr.org), which focuses on research prioritisation and research into policy processes, are both advisers to the Programme.

Research Aims

The Programme aims to summarise existing research and knowledge gaps on specific components of health systems' capacity to deliver interventions for the Health and HIV/AIDS Millennium Development Goals (MDGs); establish a doctoral training programme; assess and strengthen African HEIs' research capacity; conduct Irish Aid-relevant research; and strengthen research into policy links.

Progress to Date

The first international workshop was held in Dublin in June 2008, bringing together researchers and/or senior academics from the African partners along with senior representatives of COHRED and the Alliance for Health Policy and Systems Research to plan the country level knowledge synthesis of governance, human resources, equity and access of their specific country's health system, in relation to existing knowledge, gaps and research priorities, including a review of information on progress towards the HIV and health related MDGs (4,5 and 6).

The taught course has been developed for the CHRAIC PhD programme. Five PhD studentships have been funded from the programme for the academic years 2008/2009 and 2009/2010. Existing research modules have been used, with some adaptation, from the Health Research Board PhD Scholars programme and the Masters in Global Health at TCD. Some new training modules have been designed, in particular the Social Determinants of Health in NUI Galway.

Dissemination

Draft reports from all countries were presented in the April 2009 workshop held in Kampala. A satellite meeting to discuss country reports was held at the Global Symposium on Health Systems Research in Montreux in 2010. The new training modules will be adapted and made available to all partners.

IRISH YOUTH HEALTH PROMOTION BIBLIOGRAPHY

Principal Investigator: Dr Saoirse Nic Gabhainn
Researchers: Dr Colette Kelly and Ms Natasha Clarke
Funder: National Youth Council of Ireland

Background

The National Youth Council of Ireland (NYCI) is the representative body for national voluntary youth work organisations in Ireland. It represents and supports the interests of approximately 50 voluntary youth organisations and uses its collective experience to act on issues that impact on young people. NYCI's vision is for all young people to be empowered to develop the skills and confidence to fully participate as active citizens in an inclusive society. The National Youth Health Programme is a partnership between NYCI, the Health Service Executive and the Office of the Minister for Children and Youth Affairs. Through the National Youth Health Programme, NYCI has sought to develop the capacity of the sector and organisations to advocate on issues that affect young people and develop evidenced based resources and trainings to support that work.

The Health Promotion Research Centre, National University of Ireland Galway has been commissioned to produce a comprehensive and definitive bibliography of published and unpublished studies, post-graduate theses, and other research studies related to youth health promotion in the youth work sector in Ireland. This bibliography will act as a foundation for an in-depth evaluation of Irish research on youth health promotion and will assist in identifying the gaps in policy and practice, planning future projects and reducing duplication of research.

Research Aim

The three main objectives are;

- To identify, procure, review and evaluate the literature on youth health promotion in the Irish youth work sector
- To develop an accessible, dissemination format for the bibliography, which can be updated regularly
- To identify gaps in Irish research on youth health promotion in the youth work sector.

Methods

Keyword searches for relevant research were made in library catalogues and databases. The publications of relevant Irish organisations as well as community and youth work groups were also searched.

Progress to Date

Searching for relevant work is ongoing in conjunction with reviewing of these materials.

Dissemination

None to date.

MAINSTREAMING HEALTH PROMOTION: RAPID REVIEW OF THE EVIDENCE ON THE EFFECTIVENESS OF MENTAL HEALTH PROMOTION INTERVENTIONS

Principal Investigator: Professor Margaret Barry
Researcher: Ms Aleisha Clarke
Funder: World Health Organization, Geneva

Background

In 2010, the World Health Organization established a task force to develop a package of evidence-based, outcome oriented health promotion actions with a focus on low and middle income countries (LMICs) and application to priority public health conditions. The Health Promotion Research Centre was commissioned to review the evidence in relation to mental health promotion. There is increasing recognition globally of the need to address mental health as an integral part of improving overall health and wellbeing (WHO, 2001; 2003; 2005). Given that more than 85% of the world's population live in the 153 countries classified as low and middle income, according to the World Bank criteria, there is an urgent need to address mental health within the wider health promotion and development agenda in LMICs.

Research Aims

This rapid review aims to analyse the current evidence on the effectiveness of mental health promotion interventions, with a particular emphasis on low and middle income countries. The review will provide a narrative synthesis of the international evidence of systematic reviews, meta-analyses and selected in LMICs individual studies on the effectiveness of interventions to promote mental health. The review will also identify gaps in the existing evidence and highlight areas for further research.

Methods

This review will classify mental health promotion actions under four headings derived from the Ottawa Charter (WHO, 1986):

- Actions targeted at strengthening individuals
- Actions targeted at strengthening communities
- Actions targeted at the health sector
- Intersectoral actions on removing structural barriers to mental health.

The review will examine the evidence in relation to the general population from childhood through to adulthood with a particular focus on populations living in LMIC settings. Findings from interventions in key settings, including the home, school, workplace, health services and community settings will be included. The primary outcomes of interest will include evidence of improved mental health, reduced risk of mental health problems and wider health and social and economic benefits arising from effective interventions.

Progress to Date

A written protocol for reviewing the evidence has been drawn up (Barry, Clarke & Jenkins, 2010) and electronic searches using multiple bibliographic databases is currently underway. Following this, references will be screened and data extraction, quality assessment, and coding will take place. A final review paper will be published in June 2011.

PROMO: BEST PRACTICE IN PROMOTING MENTAL HEALTH IN SOCIALLY MARGINALISED PEOPLE IN EUROPE

Principal Investigator: Professor Margaret Barry
Researchers: Mr Reamonn Canavan
Funder: DG SANCO, European Commission

Background

PROMO (Best Practice in Promoting Mental Health in Socially Marginalised People in Europe) is funded by the European Commission and is being conducted in 14 European capitals. The focus of the project is on the delivery of health and social care for people with mental health problems who belong to one of the six following groups: (1) long-term unemployed; (2) homeless; (3) prostitutes/sex workers; (4) asylum seekers/refugees; (5) illegal immigrants; (6) travellers.

Research Aims

To formulate policy recommendations and identify best practice for the promotion of mental health amongst socially marginalised people in Europe. This will be achieved through the analysis of quantitative and qualitative data collected on relevant policies, legislation, services and systems of services in each country.

Research Methods

1. To review policies and legislation in each country related to promoting mental health and preventing mental ill-health amongst socially marginalised groups.
2. To select the two most deprived areas in each capital city in order to:
 - a) obtain information via a structured interview with services, both statutory and voluntary, which provide health and social care in these areas for marginalised people with mental health problems (e.g. the organisation of each service, its clients, components of care, coordination with other services and funding arrangements)
 - b) assess the overall quality of care in these areas by conducting semi-structured interviews with relevant experts in relation to each marginalised group
 - c) use these data to identify good practice on the level of services and systems of services.
3. To identify and conduct interviews with experts from the 13 non-participating EU countries to ascertain whether the services and systems of services in their countries are similar or differ to the ones identified in the PROMO project. This workpackage is specific to the Health Promotion Research Centre.

Progress to Date

- All aspects of the data collection and analysis have been completed.
- A summary and full report of the Irish and related European findings have been completed and disseminated to Irish stakeholders.
- A summary and full report of the systems of services in the non-participating countries has been completed and forwarded to the relevant stakeholders.
- An analysis of the assessment of services data from all participating countries has been completed and presented to a group of international stakeholders in Rome.

Key Publications and Reports

Canavan, R. & Barry, M. M. (2010). *PROMO Project Feedback from Ireland: Full report*. Health Promotion Research Centre, NUI Galway.

Canavan, R. & Barry, M.M. (2010). *PROMO WP9 Report: An analysis of the systems of services in non-participating capitals*. Health Promotion Research Centre, NUI Galway.

Further details are available on the PROMO website: www.promostudy.org/

**TOWARD INTERNATIONAL COLLABORATION ON COMPETENCIES AND
ACCREDITATION IN HEALTH PROMOTION AND HEALTH EDUCATION:
THE GALWAY CONSENSUS CONFERENCE**

Principal Investigator: Professor Margaret Barry, NUI Galway, IUHPE Global Vice-President for Capacity Building, Education and Training (2007-2010)

Background and Research Aims

Developing a competent health promotion workforce is a key component of capacity building for the future and is critical to delivering on the vision, values and commitments of global health promotion. An international consensus meeting, jointly organised by the International Union for Health Promotion and Education (IUHPE), the Society for Public Health Education (SOPHE) and the US Centers for Disease Prevention and Control (CDC), with participation from international leaders in the field, took place at the National University of Ireland Galway, in June 2008. The Galway Consensus Conference began the process of promoting international exchange and understanding concerning core competencies and quality assurance mechanisms necessary for developing workforce capacity across countries and continents.

Methods

The Galway Consensus Conference convened a working group of international leaders in the fields that have been prominent in the development of competency-based and accreditation movements in global public health and population health. A Consensus Statement, based on the proceedings of the meeting, was produced which outlines core values and principles, a common definition, and eight domains of core competency that are required to engage in effective health promotion practice. The core domains of competency agreed to at the meeting were: catalysing change, leadership, assessment, planning, implementation, evaluation, advocacy and partnerships.

In 2009 the Galway Consensus Statement, along with eight commissioned background papers and five sets of comments and commentaries from the field, was published in tandem issues of the IUHPE journal, *Global Health Promotion* (Vol. 16, No. 2, June, 2009) and SOPHE's journal *Health Education & Behavior* (Vol. 36, No.3, June 2009).

Progress to Date

Following publication of the Galway Conference Consensus Statement, a global consultation process was undertaken in collaboration with the IUHPE Regional Vice Presidents. Feedback was received from global experts in health promotion from over 187 individuals/organizations in Australia, Africa, Latin America, Canada, US and Europe. Information was also disseminated in India, Sri Lanka and the Eastern Mediterranean Region. The feedback from this process was collated and presented at the IUHPE 20th World Conference in July 2010. A sub-plenary session on the consensus building process was convened and co-chaired by Professor Margaret Barry and Professor John Allegrante, Columbia University New York with leading health promotion panel members from Africa, India, Australia and Latin American regions. A specific consultation was also carried out with health promotion staff in the WHO Regional Offices and a report by Mahmood and Barry was produced in January 2010.

Dissemination

Mahmood M. and Barry, M.M. (2010). *World Health Organisation Regional Offices Consultation on Global Health Promotion Competencies*, HPRC January 2010.

Barry, M.M., Allegrante, J.P., Arroyo, H., Howat, P., Onya, H. and Rao, M. (2010). *Building Consensus on Domains of Core Competencies in Health Promotion*. Sub-plenary presentation at the 20th IUHPE World Conference on Health Promotion 11-15 July 2010. Geneva, Switzerland.

TRANSLATING HEALTH COMMUNICATIONS

Principal Investigators: Professor Margaret Barry and Dr Jane Sixsmith
Researchers: Ms Priscilla Doyle, Ms Maureen D'Eath, Dr Samir Mahmood, Ms Maeve O'Sullivan
Funder: European Centre for Disease Prevention and Control (ECDC)

Background

This project is concerned with establishing a programme of research for the dissemination of evidence-based health communication activities in the EU and EEA/EFTA. The scoping of health communication activities, together with the identification of the evidence base for such activity, is needed to address the increasing complexity of the existing and emerging public health threats posed by communicable disease at national and international levels. These threats are complicated by the multi-cultural context of the European environment in which they are embedded. The Translating Health Communication project brings together a multi-disciplinary Consortium of European researchers to undertake this research with representation from health promotion, social marketing and preventive medicine under the leadership of the Health Promotion Research Centre.

Research Aims

The project aim is to support the optimal use and development of health communication activities in EU and EEA/EFTA States in the promotion of health, focusing on the control and prevention of communicable disease.

Methods

Scoping Study: A key feature of the project is a scoping study mapping health communication activities across Europe in relation to communicable disease prevention and control. Data is gathered through an e-survey using survey monkey and telephone interviews with key stakeholders in each of the 30 EU member states.

Desk based research: A series of reviews with respect to designated topic areas is being undertaken as part of the project and these fall into three categories: 1) literature reviews; 2) systematic literature reviews; 3) rapid reviews of the evidence.

Progress to Date

Scoping survey: All 30 countries are represented with data collected through the e-survey. Telephone interviews are being completed with key informants in each country. The data is being analysed and a country profile report is being developed.

Desk based research: Work is currently underway in each of the following areas:

Literature reviews - an overview of the state of the art

- Health information seeking behaviour on the web
- Trust and reputation management in communicable disease public health
- Health Communication and campaign evaluation: an overview
- Risk communication for communicable disease.

Systematic literature reviews

- Evidence for effective national immunisation schedule promotional communications
- Evidence for the effectiveness of interventions that use theories and models of behaviour change.

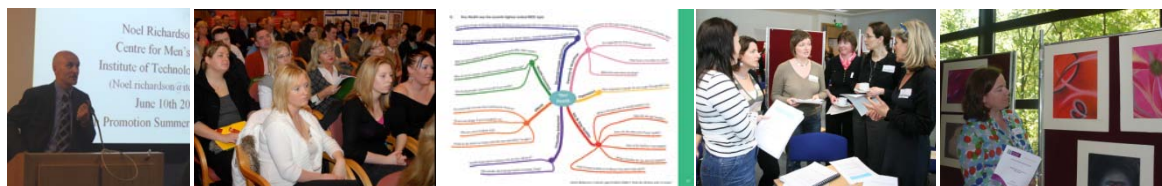
Rapid reviews of the evidence

- Health Literacy
- Health Advocacy
- Role of Information Technology.

Dissemination

Translating Health Communications Project Consortium. (2010). *Translating Health Communication: Year 1 Interim Report* (2010). Stockholm: ECDC.

v. Dissemination



One of the aims of the Health Promotion Research Centre is to disseminate research activities to diverse audiences, including practitioners, funders, policymakers, researchers and the general public. To meet this aim, the HPRC hosts a range of meetings, conferences and seminars to advance multidisciplinary collaboration for health, and to further the translation of health promotion research into policy and practice. HPRC research activities and findings are also disseminated through reports, peer review publications, conference presentations and media reports. Reports and publications are available from our website at www.nuigalway.ie/hprc.

a. Publications

Journal Articles

Balfe, M., Brugha, R., O'Connell, E., McGee, H. & O'Donovan, D. (2010). Where do young Irish women want Chlamydia-screening services to be set up? A qualitative study employing Goffman's impression management framework. *Health and Place*, 16:16-24

Balfe, M., Brugha, R., O'Connell, E., McGee, H., O'Donovan, D. & Vaughan, D. (2010). Why don't young women go for Chlamydia testing? A qualitative study employing Goffman's stigma framework. *Health, Risk and Society*, 12,131-148.

Balfe, M., Brugha, R., O'Donovan, D., O'Connell, E. & Vaughan, D. (2010). Young women's decisions to accept Chlamydia screening: influences of stigma and doctor-patient interactions. *BMC Public Health*, 10, 425.

Balfe, M., Brugha, R. O'Connell, E., O'Donovan, D., Vaughan, D. (2010). Triggers of self-conscious emotions in the STI testing process. *BMC Research Notes*, 3: 229.

Clarke, A., O'Sullivan, M. & Barry, M.M. (2010). Context matters in programme implementation *Health Education*, 110(4) 273-293.

Clarke, N., Sixsmith, J., Byrne, M. and Nic Gabhainn, S. (2010). Investigating promoters and barriers to active travel for primary school children - a mixed methodological approach. *National Institutes of Health Sciences Bulletin*, 5(4), 108-109.

Fitzgerald, A., Heary, C., Nixon, E., & Kelly, C. (2010). Factors influencing the food choices of Irish children and adolescents: A qualitative investigation. *Health Promotion International*, 25(3), 289-98.

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b. Presentations

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Barry, M.M. (2010). There is no health without mental health: Exploring the relationships between positive mental health, population health and social wellbeing. Presentation to the *School of Preventive and Social Medicine Seminar Series, University of Otago, Dunedin New Zealand, March, 2010.*

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Barry, M.M. (2010). Commentary on schools as organizational settings for health and health promotion. What's going on in the performance box? *Symposium on Health and Health Promotion in Organizations 2-4th June, 2010 Ludwig Boltzmann Institute for Health Promotion Research, Vienna, Austria, June, 2010.*

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c. Media Coverage

Newspaper and Magazine Articles

Author Unknown. (2010, December 30). Three local bodies awarded certs for 'Health Promotion Organisation'. *Tullamore Tribune*. Pg 17.

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Author Unknown. (2010, September 28). Emotional wellbeing programme piloted in Galway schools. Connacht Sentinel. Pg 25.

Author Unknown. (2010, September 14). Zippy's friends – training for primary school teachers in Mayo. Connaught Telegraph. Pg. 9a.

Author Unknown. (2010, August 4). Calleary calls for improved farm safety. Mayo Advertiser. Pg 4.

Author Unknown, (2010, June 30). Mens Health. Modern Medicine. Pg 55.

Quinn, Trevor. (2010, June 17). One in four Irish men die in their prime. Galway Advertiser. Pg Unknown.

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Siggins, Lorna. (2010, June 12). Minister for Health rules out public inquiry into foetal misdiagnoses. Irish Times. Pg 5.

McDonald, Brian. (2010, June 11). Quarter of men die before retirement. Irish Independent. Pg 3.

Siggins, Lorna. (2010, June 11). One in four Irish men die in their prime, says expert. Irish Times. Pg 11.

Siggins, Lorna. (2010, June 11). One in four Irish men die in their prime, says expert. Western Correspondent. Pg unknown.

O'Connell, Claire. (2010, June 8). More health screening needed for young men. Irish Times. Pg unknown.

O'Brien, Clodagh. (2010, May 10). Invitation to launch of Health Eating Active Living resource. www.youth.ie.

Author Unknown. (2010, April 30). Men's health to come under the spotlight. Irish Examiner Feelgood. Pg 13.

Baker, Noel. (2010, April 29). Mental health programme may improve students' schoolwork. Irish Examiner. Pg 9.

Author Unknown. (2010, March 15). What little girls are made of. Irish Independent. Pg. Unknown.

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Marren, Tommy. (2010, June 11, 10.21). More than quarter of Irish men die before retirement age. Mid & North West Radio.

d. Health Promotion Conference 2010

One of the Centre's largest dissemination events is the Annual Summer Health Promotion Conference which is organised in conjunction with the Population Health Directorate of the Health Services Executive, the Health Promotion Policy Unit, Department of Health and Children and NUI Galway.

This conference serves as a national platform for the dissemination and integration of theory, research, policy and practice. Themes addressed include; Evidence-Based Health Promotion Practice; Nutrition; Social Capital; Mental Health Promotion; Health Inequalities; Re-orienting Health Services and Population Health, Health Promotion Competencies and Professional Standards and Child and Adolescent Health.

The 2010 conference had a particular focus on men's health with the aim of promoting best practice in multidisciplinary and inter-sectoral approaches to improving men's health. The conference had the following objectives:

- To explore best practice in inter-sectoral and partnership approaches to promotion men's health
- To examine different environments and key settings in which men's health work can be effectively developed
- To contribute to the implementation of the National Men's Health Policy
- To build on existing men's health partnerships and networks both within Ireland and internationally.



(From left to right: Noel Grealish, TD; Dr. Saoirse Nic Gabhainn, NUIG; President James Browne, NUIG; Minister Mary Halpin, DOHC; Biddy O'Neill, HSE; Dr Noel Richardson, IT Carlow.)

Conference Programme Multidisciplinary Approaches to Men's Health

Health Promotion Research Centre Annual Conference 10th and 11th June, 2010

Thursday June 10th: Conference - Day 1

- 10.30am Conference Registration
- 11am Welcome by Professor Gerard Loftus, Dean of the College of Medicine, Nursing & Health Sciences, NUI Galway
Venue: D'Arcy Thompson Lecture Theatre, Concourse, Arts & Science Building, NUI Galway.
- 11.15am *Working towards common goals & shared strategies for men's health in the 21st Century*
Prof. Alan White, Centre for Men's Health, Leeds Metropolitan University
- Men's health in Ireland – key milestones to date, key challenges ahead*
Dr. Noel Richardson, Centre for Men's Health, Institute of Technology Carlow
- Venue: D'Arcy Thompson Lecture Theatre*
Chair: Dr. Saoirse Nic Gabhainn, NUI Galway.
- 12.15pm Panel Discussion / Open Forum
Venue: D'Arcy Thompson Lecture Theatre
Chair: Dr. Saoirse Nic Gabhainn, NUI Galway.
- 12.45pm **Lunch**
- 1.45pm *"A Sea Change" The Australian Male Health Policy, from pathologies to salutogenesis*
*Prof. John MacDonald, Foundation Chair in Primary Health Care & Director, Men's Health Information and Resource Centre, University of Western Sydney Richmond.
- 2.30pm *Successful examples for working with men in primary care*
Dr. Mark Rowe, GP, Rowe Creavin Medical Practice
- Venue: D'Arcy Thompson Lecture Theatre*
Chair: Ms. Biddy O'Neill, Health Service Executive

* This speaker is sponsored by NUI Galway's Millennium Fund

3.15pm

Parallel Workshops (coffee available to go)

- *Engaging men in health services (Venue: AC213)*
Mr. Lorcan Brennan, Men's Health Coordinator, Men's Development Network, Waterford & Mr. Barry Lambe, Lecturer, Department of Health, Sport & Exercise Science School of Health Science Waterford Institute of Technology
- *Engaging men in the community (Venue: AC214)*
Mr Liam Bolger, Men's Development Coordinator, Men's Development Network, Waterford & Mr. Donal Grehan, Galway Men's Group
- *Men's health, women's work (Venue: AC215)*
Ms. Biddy O'Neill, Functional Manager Health Promotion Programmes, HSE & Mr. Owen Metcalfe, Associate Director, Institute of Public Health in Ireland

4: 45pm

Wine & canapé reception and exhibition of art work by the Men's Development Network.



Friday June 11th

Conference Day 2

- 9.15am Feedback from parallel workshops
Venue: D'Arcy Thompson Lecture Theatre
- 9.30am *How to successfully engage men on health matters*
Dr. Muiris Houston, Medical Journalist & Health Analyst
Venue: D'Arcy Thompson Lecture Theatre
Chair: Dr. Noel Richardson, Institute of Technology Carlow
- 10.00am Examples of good practice in promoting men's health (15 mins each)
 - *Farmers' have hearts* - Mr. Paul Gillen
 - *Carlow Men's Health Project* - Dr. Paula Carroll
 - *SpunOut.ie* - Mr. Ruiari McKiernan
 - *Traveller Men* - Ms. Loretta Holleran*Venue: D'Arcy Thompson Lecture Theatre*
Chair: Mr. Owen Metcalfe, Institute of Public Health in Ireland
- 11.00am Coffee
- 11.15am Oral Presentations (Parallel)
Chairs: Mr. Colin Fowler, Men's Health Forum in Ireland (Venue: AC213)
Dr. Martin Power, NUI Galway (Venue: AC214)
Dr. Claire Connolly, NUI Galway (Venue: AC215)
- 12.45pm Closing remarks, Minister Mary Harney
Conference Reflections, Professor John MacDonald
Venue: D'Arcy Thompson Lecture Theatre
Chair: Dr. Saoirse Nic Gabhainn, NUI Galway.
- 1.15pm Lunch and conference close.



From left to right: Prof. John MacDonald, University of Western Sydney Richmond; Dr. Saoirse Nic Gabhainn, NUI Galway; Prof. Alan White, Leeds Metropolitan University

vi. Research Grants & Donations



Project Title	Funder	Principal Investigator	Grant Allocation	Project Dates
Bibliography of Health Promotion in the Youthwork Sector	DOHC	SNG	15,000	1/5/10-31/12/11
Blended Learning	NAIRTL	L. Pursell	5,000	01/7/09-30.9.10
Building Capacity for Workplace Health Promotion	HSE	M. Hodgins	5,500	1/5/10-31/8/10
Care about Care Planning	NUIG University Fellowship Fund	M. Power	6,000	1/10/09-30/9/10
Chlamydia	HPSC/HRB	D.O' Donovan	212,896	18/10/07-31/07/10
Chlamydia2	HPSC/HSE	D. O'Donovan	35,697	18/10/07-30.6.10
ChRAIC	RCSI/Irish Aid	D. O'Donovan	138,494	1/10/07-30/08/13
CompHP	EAHC, EU	M Barry	659,542	1/9/09-31/08/12
Creating a Common Foundation in Care	EU Leonardo	J. Sixsmith	21,253	1/10/09-30.9.11
Cross National Casestudies Children's Datasystems	Atlantic/OMCYA	SNG	49,259	30/11/07-31/01/2010
Developing a Mental Health Portal	Counselling Service NUIG	J. Sixsmith	30,000	1/7/09-31/7/10
Evaluation of the Strengthening Families Programme	Western Regional Drugs Taskforce	J. Sixsmith	25,000	9/9/09-30.9.10
HBSC4	DOHC	SNG	670,939	01/12/09-01/12/13

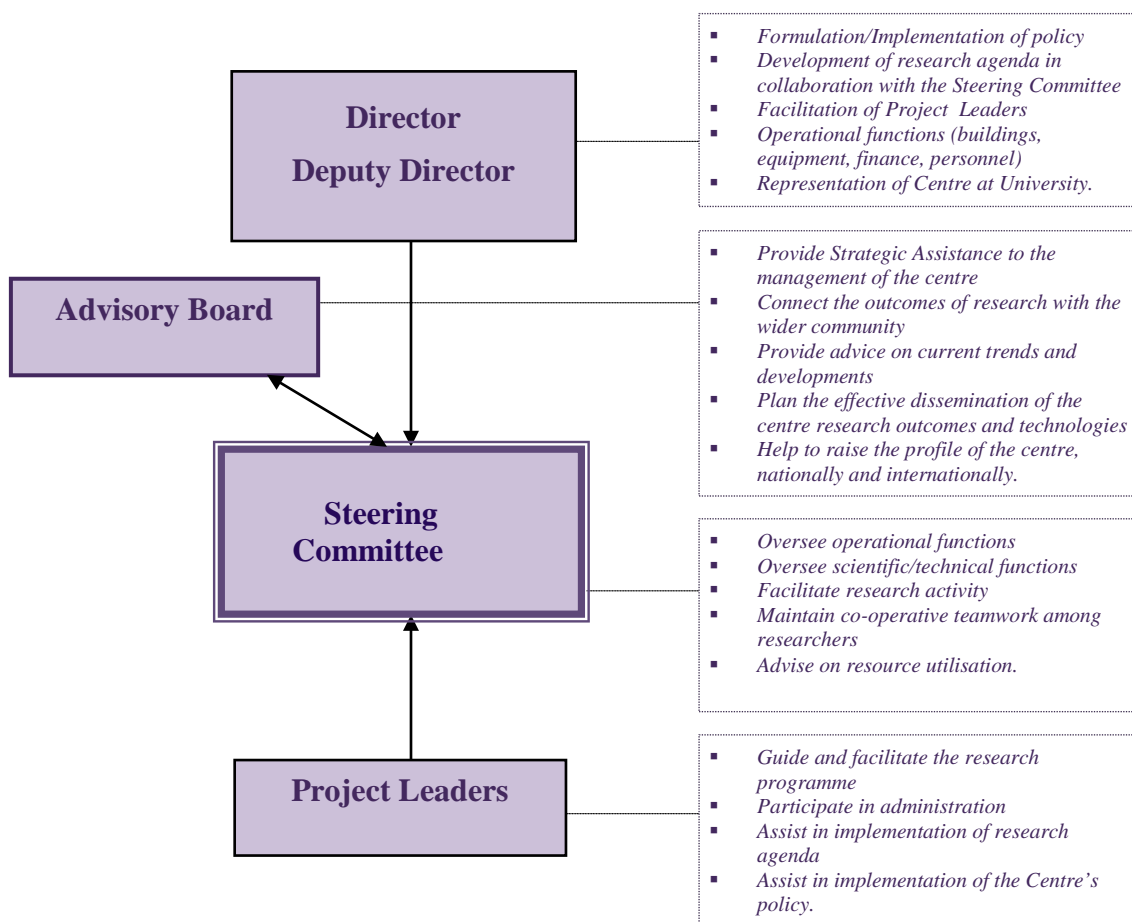
HEPS Schoolkits	PHEA/EU	SNG	13,669	1/9/08-30/04/11
Mainstreaming Health Promotion: WHO Mental Health Review	WHO	M. Barry	7,200	1/12/10-30/06/11
Process Evaluation of the WNO Programme	Mental Health Ireland	M. Barry	8,646	1/11/09-30/09/10
PROMO	PHEA/EU	M. Barry	82,612	1/9/07-31/12/10
Qualifications among Non-Nursing Care Staff	NUIG University Fellowship Fund	M. Power	6,000	1/10/09-30/9/10
Translating Health Communications	ECDC	J. Sixsmith M. Barry	Total Grant: 640,237 HPRC: 465,585	7/12/09-6/12/12
ZIPPY'S Friends	HSE	M Barry	66,240	1/11/07- 31/10/10

vii. Governance

a. Management Structure of Health Promotion Research Centre

The generic management structure for research centres and units recommended by NUI Galway has been adopted by the Health Promotion Research Centre. This consists of the establishment of an internal Steering Committee and an Advisory Board (see diagram below). The Steering Committee is comprised of a Director of the Centre, a Deputy Director, a team of Project Leaders, an Administrative Director and Secretary.

The Advisory Board consists of representatives from Health Promotion practice, policy and research at national and international level (Advisory Board members external to the HPRC are listed below).



b. External Members of the International Advisory Board

- Dr Desmond O'Byrne, (retired) Department of Chronic Diseases and Health Promotion (NMH/CHP) WHO Headquarters Geneva, Switzerland
- Professor Maurice Mittlemark, HEMIL Centre, University of Bergen, Norway
- Mr. Brian Mullen, Principal Officer, Health Promotion Policy Unit, Department of Health and Children, Dublin
- Ms. Catherine Murphy, Assistant National Director Population Health, Health Services Executive
- Professor Gerry Loftus, Dean of the College of Medicine, Nursing and Health Sciences, National University of Ireland Galway
- Professor Edward Herring, Dean of the College of Arts, Social Sciences and Celtic Studies, National University of Ireland Galway
- Mr. Anthony Varley, Vice-Dean for Research, College of Arts, Social Sciences and Celtic Studies, National University of Ireland Galway
- Professor Agnes Shiel, Head of School of Health Sciences,, National University of Ireland Galway
- Mr. Declan Ashe, Director of Strategic Development, College of Medicine, Nursing and Health Sciences, National University of Ireland Galway
- Mr Gary Lupton, Research Office, National University of Ireland Galway
- Dr Martina Ní Chúlain, Clinical Research Facility, National University of Ireland Galway.