



Unity Through Knowledge

Podiatry Symposium
Galway
7th-8th March 2009



The Society of Chiropodists and Podiatrists of Ireland (SCPI) in collaboration with NUIG (National University of Ireland, Galway) would like to invite you to join us in celebrating an exciting new era for Podiatry in Ireland.



Unity through knowledge

Podiatry Symposium

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In September 2008 NUIG opened its doors to the first cohort of undergraduate Podiatry students in this country. This 4 year Bachelor of Science honours degree has been developed through close partnership between NUIG and the Health Service Executive West. The Joint Council for the Education of Podiatrists, which represents all of the professional bodies in Ireland, was instrumental in securing this first Degree programme within the state.

The 2009 symposium will be held at the Department of Health Sciences in NUIG. The two day programme reflects the professions commitment to providing a high standard of continual professional development. Renowned national and international speakers will deliver up to date information on a wide range of core subjects.

The symposium will be the largest Podiatry event ever held in Ireland and will include an extensive trade exhibition, poster presentations, workshops and award ceremony, all held in the vibrant city of Galway.

The newly refurbished Salthill Hotel with scenic views of Galway bay will provide modern, luxury accommodation and will host the celebration dinner and evening entertainment.

The Society of Chiropodists and Podiatrists of Ireland hope to welcome you to Galway in March 2009.

BOOK BY 31st DECEMBER FOR EARLY BOOKING DISCOUNT



PRE-CONFERENCE - FRIDAY 6TH MARCH 2009

7.30-8.15pm **Friday evening early registration**

From 7.30pm Drinks in the Salthill Hotel Bar

DAY 1 - SATURDAY 7TH MARCH 2009

8.30am **Registration & Refreshments**

9.00am **OPENING ADDRESSES:** SCPI Ireland & Guests

9.15am **Dr. Caroline McIntosh**

New Beginnings: The Development of Podiatry at NUIG

9.45am **1ST KEYNOTE SPEAKER:**

Dr. Anthony Redmond

Making the most of a modern day miracle - a new way of approaching the R/A Foot

10.45am **Tradeshow and Refreshments**

11.30pm **2ND KEYNOTE SPEAKER:**

Prof. Andrew Boulton Diabetic Foot 2009

12.30pm

Mr. Steven Kearns

Surgical assessment and treatment of common foot and ankle injuries

1.00pm **Lunch**

2.00pm

Dr. Sean Dineen

Developing a multidisciplinary foot service: the challenges and opportunities

2.30pm

Ms. Stephanie Haughey The Clinical Application of Strapping

3.00pm

Tradeshow and Refreshments

3.45pm &
4.30pm

WORKSHOPS:

All three workshops run at the same time starting at 3.45pm and again at 4.30pm

A. Ms. Stephanie Haughey Workshop A:
Clinical Strapping

B. Prof Andrew Boulton Workshop B:
Diabetic Foot Assessment

C. Dr. Caroline McIntosh Workshop C:
Wound Dressing – Principles & Practice

EVENING EVENTS AT THE SALTHILL HOTEL:

7.30pm

Champagne Reception & Prize Giving

8.00pm

Celebration Dinner & Entertainment

DAY 2 - SUNDAY 8TH MARCH 2009

9.00am

Prof. Gerry Loftus

Podiatry in the college of medicine, nursing and health sciences.

9.15am

Mr. Alister McInnes Record keeping - Achilles heel of Podiatry practice

10.00am

Prof. Andrew Boulton **Keynote Speaker** Diabetic Neuropathy - an update

11.00am

Tradeshow and Refreshments

11.45am

Dr. Anthony Redmond **Keynote Speaker**

More than meets the eye - understanding mechanical foot pain

12.45pm

Mr. Sherif Sultan The contribution of high-deliberate practice volumes and primary TMA to limb salvage, quality of life and cost-effectiveness in the management of diabetic foot ulceration.

1.15pm

Lunch

2.15pm

Dr. Anne Maree Keenan

The Impact of foot Osteoarthritis

3.00pm

Closing Address and Refreshments

3.30pm &
4.15pm

WORKSHOPS:

All three workshops run at the same time starting at 3.30pm and again at 4.15pm

D. Dr. Anne Maree Keenan Workshop D:
Practical Demonstration of Static and Dynamic Stretches for the lower limb

E. Dr. Anthony Redmond Workshop E:
The foot posture index - a novel way for assessing the foot in clinic

F. Dr. Caroline McIntosh Workshop F:
Basic Vascular Assessment - A Clinical Practical Update



Dr. Anthony Redmond

Keynote Speaker

Anthony Redmond holds an Arthritis Research Campaign (arc) Senior Lectureship in the Section of Musculoskeletal Disease at the

University of Leeds' Institute for Molecular Medicine. His research within the Leeds foot and ankle studies group 'FASTER', is based on a National Institute for Health Research and arc funded programme investigating mechanical and biological interactions in rheumatoid and osteoarthritis of the foot. Studies encompass basic science of the foot in rheumatic diseases; clinical trials in OA, RA, soft-tissue rheumatism, ankylosing spondylitis and hypermobility syndrome; and translation of research into practice. Dr. Redmond has been active in the development of evidence-based standards, care pathways and integration of foot health services in primary and secondary care, contributing to NICE appraisals on OA and RA. He was the project lead for the Podiatry Rheumatic Care Association's arc funded project to develop national standards of care for people with foot problems associated with musculoskeletal diseases and is currently vice-Chair of ARMA, the umbrella body for rheumatology in the UK. He is co-author of the text The Foot and Ankle in Rheumatoid Arthritis and has contributed chapters to several well known texts such as Neale's Disorders of the Foot; and Assessment and Diagnosis of the Lower limb. Anthony has published more than 30 journal papers in the fields of rheumatology, biomechanics and podiatry.



Andrew JM Boulton MD, DSc (hon), FRCP

Keynote Speaker

Professor Boulton graduated (with honors) from the University of Newcastle-upon-Tyne Medical

School. He was subsequently a research fellow under Professor JD Ward in Sheffield, and Visiting Professor at the University of Miami prior to accepting an appointment at the Manchester Royal Infirmary. Andrew has authored more than 350 peer-reviewed manuscripts and book chapters, mainly on diabetic neuropathy and foot complications. He was the principal invited lecturer at the launch of the American Diabetes Association's Foot Care Council. Among his many awards, his contribution to worldwide care of the diabetic foot was honored by receiving the American Diabetes Association's Roger Pecoraro Lectureship, the EASD Camillo Golgi prize and was the first recipient of the international award on diabetic foot research. He is the 2008 winner of the ADA's Harold Rifkin award for distinguished international service in the field of diabetes. He was the founding Chairman of the Diabetic Foot Study Group, was previously Chairman of the European Association for the Study of Diabetes (EASD). He is currently Vice-President and Director of International Affairs for the European Association for the Study of Diabetes, an associate editor for Diabetes Care and was chair of the ADA foot wound interest group 2005 - 2007.

Dr. Caroline McIntosh
PhD MSc BSc (Hons) MChS.

Head of Podiatry National University of Ireland Galway

Caroline McIntosh is a senior lecturer in podiatry at NUI Galway, with a specialist interest in tissue viability and diabetic foot disease. Caroline maintains a clinical role in diabetic foot clinics at University College Hospital Galway. Caroline has published a number of papers in the field of tissue viability, particularly on the diabetic foot, and has presented at national and international conferences. Caroline has co-edited the text 'Lower Extremity Wounds', and has recently been awarded her PhD in the need to build and disseminate evidence-based wound care.

Caroline has acted as Principal Investigator in three randomized controlled trials, including two dressing trials and is currently part of the EverT study group, in conjunction with York's Trials unit, which involves the conduct of a multicentre randomized controlled trial investigating different treatments for verrucae.



Mr. Sherif Sultan MD
FRCSI EBQS-Vasc

Mr Sherif Sultan, is a consultant Vascular & Endovascular Surgeon at Galway University

Hospital and the Galway Clinic, Honorary Senior Clinical Lecturer at the National University of Ireland Galway, President of the American Society of Angiology, Irish Chapter, and founder of the Western Vascular Institute and Embricon Ltd. Since his appointment to Galway in 2008 he has established a world-class vascular department with an accredited Vascular Laboratory, Veins Clinic and wound care Unit and an outpatient ArtAssist Unit for lower limb arterial disease. In the vascular clinical research field, Mr Sultan has established a strong international reputation with over 40 international peer-reviewed papers, book chapters, more than 150

Stephen Kearns MD,
FRCSI (Tr & Orth), MFSEM

Consultant Orthopaedic Surgeon, Galway University Hospitals.

Stephen Kearns graduated from the Royal College of Surgeons in Ireland in 1996. After completing Higher Surgical Training in Trauma & Orthopaedic Surgery on the Irish National programme, he undertook fellowships in Canada and the UK.

In Canada, he spent a year at the Joint Replacement Institute in London, Ontario, under the supervision of Drs Rorabeck and Bourne. Subsequently he undertook a 7 month Foot & Ankle Surgery fellowship at the Royal Orthopaedic Hospital in Birmingham. This practice catered for all areas of foot and ankle pathology including arthroscopic surgery, instability surgery, hind and midfoot fusions as well as joint replacement. He has recently become a member of the Faculty of Sports & Exercise Medicine at RCSI.

He has published extensively in both national and international journals, and his research has won both national and international prizes including the British & European Orthopaedic Research Society (Mario Boni) Prizes. Ongoing areas of interest include the prevention and treatment of compartment syndrome and lower limb trauma and arthroplasty. He was appointed to the Regional Hospitals in Galway in 2006.

abstracts, in excess of 150 international presentations, and approximately 70 national presentations. His prolific research portfolio has been recognised with 12 international awards in the last four years. As part of his commitment to treatment and awareness of vascular disease and translation research, Mr. Sultan founded the Western Vascular Institute (WVI) in 2002. The Western Vascular Institute is a charitable research body committed to vascular research, technical innovation, professional and public education.



Sean F. Dineen, MD,
MSc, FRCPI, FACP

Senior Lecturer in Medicine, NUIG and Consultant in Diabetes and Endocrinology, University College Hospital, Galway

Dr. Sean Dineen received his medical degree from University College Cork Medical School. He undertook postgraduate training in medicine in Ireland and then went to the United States where he trained in Diabetes and Endocrinology at the Mayo Clinic. After a period on staff at the Mayo Clinic he was appointed as a Community Diabetologist in Addenbrooke's Hospital, Cambridge. He spent 5 years working in the NHS before returning to Ireland in 2005 to take up a Senior Lecturer post in Medicine in University Hospital, Galway.

His professional interests are in delivering programmes of self-management education for people with diabetes, developing optimal models of community-based diabetes care and the diabetic foot.



Dr. Anne-Maree Keenan

Anne-Maree is the Research Coordinator for the Leeds Musculoskeletal Biomedical Research

Unit at the University of Leeds, an NIHR funded, multidisciplinary research group. Originally from Australia where she worked at LaTrobe University and the University of Western Sydney, Anne-Maree came to the United Kingdom in 2002 and before her current appointment, was employed as a Research Fellow working on an osteoarthritis and quality of life programme of work at the University of Leeds. Anne-Maree's other research interests include management of plantar fasciitis, taping and the impact of joint pain.

EVENING ENTERTAINMENT

FRIDAY NIGHT

Delegates are invited to join us for drinks in the Salthill Hotel Bar from 7.30pm

SATURDAY NIGHT

A champagne reception will be held in the Salthill Hotel at 7.00pm, followed by a celebration dinner at 8.00pm

EARLY BIRD BOOKING:

**BOOK BY
31st DECEMBER FOR
EARLY BOOKING
DISCOUNT**

Stephanie Haughey
PgDip, BSc(Hons), MChS, HPC reg.
Podiatry Lecturer NUIG

Stephanie graduated from Podiatry at Queen Margaret University College, Edinburgh in 1999, and has worked in York for North Yorkshire and York Primary Care Trust and in the York Nuffield private hospital as a Musculoskeletal Podiatrist. She has worked in public and private sector so understands the needs and demands that can be placed on the podiatrist.

She is in the final stages of completing her MSc in Clinical Podiatric Biomechanics from Staffordshire University. She enjoys travelling and likes to combine travel with research, in 2007 spending three months as a research assistant with CHESM (Centre for Health and Exercise and Sports Medicine) team at University of Melbourne. Stephanie holds a special interest in foot and ankle biomechanics, gait rehabilitation, first ray function and tissue stress.



Professor B. Gerard Loftus

B. Gerard was appointed Professor of Paediatrics at NUI Galway in 1988. He qualified in medicine at UCD in 1978 and undertook postgraduate training in paediatrics in Dublin and London. His MD thesis in 1987 was entitled 'Management of Asthma in Early Childhood'. His areas of clinical interest are diabetes and respiratory disease.

Research interests include childhood respiratory disease, diabetes and clinical audit. He has served on national bodies including: The Postgraduate Medical and Dental Board, Comhairle na nOspideal, and The National Task Force on Medical Staffing. He is a member of Governing Body at NUI Galway, Dean of the Faculty of Medicine, Nursing and Health Science, and Head of the School of Medicine.

Alistair McInnes
Senior Lecturer Brighton

Alistair is a senior lecturer in the podiatry division of the School of Healthcare Professions at the University of Brighton. (1991-current). He is also the editor of the Diabetic Foot Journal (SB comms. 1998-2007). He has been involved with Diabetes foot care for many years, and has contributed to the literature and presented papers at both National and International Diabetes conferences.

Other academic commitments include membership of the editorial committees of the Foot and Ankle International journal, British Journal of Podiatry, The Diabetic Foot journal and The Foot journal. He is also an invited reviewer on the new diabetic foot literature service which is part of the Univadis website which hosts specific versions in 27 countries. He is currently involved in diabetes education research.

DELEGATE BOOKING FORM **Booking early is essential as PLACES are LIMITED. Workshop places on a first come first served basis**

PERSONAL DETAILS

Name: _____

Job Title/Employer: _____

Professional Body: _____

Address: _____

Tel : _____

Mobile: _____

Email: _____

PAYMENT DETAILS

Bookings can only be accepted on receipt of a completed booking form and payment in full. Cancellations will only be accepted in writing or email. Cancellations received prior to 14th Feb '09 will be refunded subject to a 20% administration fee. Cancellations received after 14th Feb '09 will not be refunded, however name changes will be accepted. *By submitting this form I have read and agree to the above terms and conditions*

Symposium Fee € _____

Accommodation & Entertainment ** € _____

TOTAL I enclose a cheque made payable to SCPI Ireland for € _____

**I want my shared room to be a Double / Twin.

I am sharing with _____

SYMPOSIUM FEES

Booking early is essential as PLACES are LIMITED. A booking is only considered a booking once payment is received in full. If you arrive on the day without booking you will not be guaranteed entry as places are limited by health and safety considerations. The symposium fee covers both Saturday and Sunday, there is no discount for attending one day only. Symposium fees include lunch, refreshments and symposium materials.

	Early Bird - discounted <i>Booked before 31st Dec '08</i>	Late Booking <i>Booked before 14th Feb '09</i>	On the Day <i>Book or pay on the day</i>
SCPI member	€175 ○	€225 ○	€275
Non Member	€200 ○	€250 ○	€300

WORKSHOP PREFERENCES

Please select 1st and 2nd choice for workshop places are given on a first come first served. Twice during each day, three workshops take place at the same time (*Sat 3.45 & 4.30pm and Sun 3.30 & 4.15pm*)

Saturday Workshop Choices <i>All starting at 3.45 and again at 4.30pm</i>	<i>1st AND 2nd choice</i>	Sunday Workshop Choices <i>All starting at 3.30 and again at 4.15pm</i>	<i>1st AND 2nd choice</i>
A Clinical Strapping		D Static & Dynamic Stretches	
B Diabetic Foot Assessment		E The foot posture index	
C Wound Dressing		F Basic Vascular Assessment	

ACCOMMODATION & ENTERTAINMENT

SCPI Ireland are arranging accommodation and the celebration dinner at the Salthill Hotel. Preferential rates have been arranged. Rooms with a sea view will be allocated on a first come first served basis

Prices per person	<i>Sharing</i>	<i>Single</i>
<i>Weekend Deal - 2 Nights B&B, (Friday & Saturday) & Celebration Dinner, Champagne Reception and Entertainment (Saturday Night)</i>	€180	€210
<i>Friday Night B&B only</i>	€75	€90
<i>Saturday Night B&B only</i>	€75	€90
<i>Celebration Dinner, Champagne Reception & Entertainment only</i>	€50	€50

Requests My special Room / Dietary requests are _____

Please return completed booking form with payment, to:
SCPI Ireland,
68 Granville Road, Dun Laoghaire, Co. Dublin

If you have any queries please email:
maxwellj@eircom.net

Galway City

Galway was founded in the 13th century by the Anglo-Norman de Burgos as a medieval settlement on the eastern bank of the River Corrib. It became a walled and fortified city state ruled by 14 powerful merchant families, later known as the 'Tribes of Galway'. Today the city is a vibrant, bustling centre of the arts and commerce, though it still retains a relaxed and intimate atmosphere.



Galway is also one of the most popular tourist destinations in the country. The city, with its medieval streets, waterways, extensive range of shopping facilities, wealth of music sessions and other cultural events, is a place to be treasured.

Galway is nicknamed Ireland's Cultural Heart (Croí Cultúrtha na hÉireann) with its vibrant lifestyle and numerous festivals, celebrations and events. The seaside town of Salthill, a Galway suburb, is a renowned summer resort. Its fine beaches open directly onto spectacular Galway Bay.



For further information contact the Galway tourist information office:
 Aras Failte, Forster Street, Galway City Centre, Ireland. +353 (0)91 537700
www.irelandwest.ie



NUIG Podiatry



The development of this podiatry course is an exciting initiative that has been developed through close partnership with NUI Galway and the Health Services Executive (HSE) West. A state of the art podiatry clinic is to be developed by the HSE at the Merlin Park Hospital site where the majority of the students' clinical education and training will be undertaken. There will be 25 places on the undergraduate course available annually. The Department is committed to providing a comprehensive education for Podiatrists and the curriculum is based on best available evidence in relation to both theory and practice. This is a monumental occasion that changes the profession of Podiatry in Ireland.



The Salthill Hotel



The Salthill Hotel Galway is synonymous with the highest quality of excellent cuisine, professional service and attention to detail. With breath taking views of Galway Bay and the Clare Hills, enjoy a leisurely walk along the promenade or to nearby Galway City Centre, with its gourmet restaurants and cosy pubs.
 +353 (0)91 522711 / 522448 www.salthillhotel.com

Symposium Contact Details

If you have any queries please email maxwellj@eircom.net
 Booking forms to: SCPI Ireland, 68 Granville Road, Dun Laoghaire, Co. Dublin