



NUI Galway  
OÉ Gaillimh



# Master of Science in Adolescent Health

The MSc in Adolescent Health, offered by the Disciplines of Children's Studies and Paediatrics, is the first programme of its kind in Europe. This interdisciplinary programme is designed specifically for educators, youth workers, coaches, and health professionals who are passionate about improving the health and well-being of adolescents. Delivered through a Blended Learning approach, this programme caters to recent graduates, working professionals, and distance learners. Graduates will be equipped with the requisite knowledge and skills to promote and improve the health of adolescents, locally, nationally, and globally.



## Course Facts

**Course level:** Level 9

**Duration:** 1 year Full-time; 2 years Part-time

**Entry Requirements:** Applications will be evaluated by the programme board which will review a range of criteria, including the applicant's academic record, relevant professional experience, and overall motivation and suitability for the programme. Successful candidates will have a strong undergraduate record with a minimum of a 2.2 in a Level 8 in the social sciences, health sciences, or a cognate discipline. Applicants with a Level 7 with extensive experience working with adolescents will also be considered on a case by case basis. Applicants are required to submit a Personal Statement that highlights their commitment to the field of adolescent health. Applicants should also submit a CV and two letters of recommendation. International applicants are required to have an equivalent degree and submit their results from their undergraduate university. Applicants from countries where English is not the official language must submit scores from the International English Language Testing System (IELTS). A minimum score of a 6.5 is required on the IELTS.

**Fees:** <https://www.nuigalway.ie/student-fees/how-much/postgraduate-fees/>

**Applying:** [www.nuigalway.ie/courses/how-to-apply](http://www.nuigalway.ie/courses/how-to-apply). Candidates are encouraged to apply as early as possible.

**Closing date:** Further details on closing dates can be found on [www.nuigalway.ie/courses/taught-postgraduate-courses/](http://www.nuigalway.ie/courses/taught-postgraduate-courses/). Offers are made on an ongoing basis.

## Why choose this programme?

- You will receive interdisciplinary training in adolescent health grounded in a public health approach.
- You will enjoy the flexibility of a blended learning approach, which combines online modules and a series of face-to-face workshops on campus. You can also choose to complete the programme either on a full-time (one year) or part-time (two year) basis, allowing you to complete the programme around your personal schedule.
- You will learn to define the health and developmental needs of adolescents, design strategies to address those needs, and evaluate the effectiveness of adolescent health policies and programmes.
- You will complete an Integrative Learning Experience (ILE), such as a group-based capstone project or independent research leading to a thesis. Your ILE final project will be on a topic of your choosing and tailored to your personal interests and professional goals.
- When you leave this programme, you will have the necessary knowledge and skills to work with and on behalf of adolescents, and to promote and improve the health of adolescents locally, nationally, and globally.

## Employment & Career Opportunities

The MSc in Adolescent Health trains students to work in adolescent health practice and research. Graduates of our programme will have proficiency in the physical, cognitive, social, and emotional needs of adolescents as well as an understanding of the challenges and opportunities faced by this age group. Graduates will be equipped with the fundamental knowledge and skills to work in a vast array of organisations both nationally and internationally including health care, consulting firms, departments of health and education, hospitals, not-for-profit organisations, schools, universities, and many, many more.

## Programme Outline

### Indicative Modules

Foundations of Adolescent Health Practice, Policy, and Science	Designing, Implementing, and Evaluating Adolescent Health Interventions
Adolescent Health and Development	Public Health Aspects of Adolescent Health
Quantitative Research Methods	Communication for Adolescent Health
Qualitative Research Methods	Leadership Development
Chronic Health Disorders in Adolescents	Integrative Learning Experience

### Looking to make an impact on adolescents in your community and around the globe?

The MSc in Adolescent Health programme at NUI Galway will equip you with the necessary skills and knowledge to make a difference and create change.

### For more information, please contact:

**Dr. Lindsay Sullivan**

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Discipline of Children's Studies

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**<https://www.nuigalway.ie/taught-postgraduate-courses/adolescent-health.html>**