

MA/Postgraduate Diploma in Health Promotion

Are you interested in learning about health and well-being, and the wider determinants of health? Would you like to know more about how daily health is impacted by lifestyle, living conditions, employment, community and wider socioeconomic factors in society? Would you like to be able to create a positive change in the world, through working with organisations, communities and government departments to promote population health?

The Health Promotion programme is based upon the social model of health. It aims to empower people to increase control over and to improve their health. Health Promotion works at both the individual and population level and extends beyond the health services to influence health in homes, communities, schools, workplaces and society.

The MA/PGDip in Health Promotion at NUI Galway is one of the first programmes globally to be accredited by the International Union of Health Promotion and Education. These programmes equip you with all the competencies required to become a qualified Health Promotion practitioner.

Course level: National Qualification Framework Level 9

Duration: 1-year full time, 2-years part time

Entry Requirements: As Health Promotion is a multidisciplinary area, applications from candidates with a primary degree in any health-related subject are considered. To be eligible for the MA, applicants must have at least 2:1 in an honours degree (NQF Level 8). To be eligible for the PG Diploma, applicants must have a primary degree (NQF Level 7). Once deemed eligible applicants are assessed individually on relevant professional experience, level of motivation and suitability as per personal statement submitted via online application.

Fees: E.U. students / Non-E.U. students: previous academic year fees can be found on: www.nuigalway.ie/student-fees/how-much/postgraduate-fees/

Applying:

www.nuigalway.ie/postgraduateapplications **Course Code:** 1MMA1, MA, full-time 1MMA4, MA,
part-time 1DHP1, PDip, full-time 1DHP7, PDip, parttime

Closing date: Course closes when all places are filled

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Why study Health Promotion at NUI Galway?

NUI Galway is consistently ranked in the top 1% of universities in the world. It has a rich cultural environment with state-of-the-art- facilitates for learning and research. The Discipline of Health Promotion is located within the School of Health Sciences and is recognised globally for its Health Promotion Programme. Our dynamic research activities are coordinated through the Health Promotion Research Centre. For details see our website: www.nuigalway.ie/hprc/

The Centre is a designated World Health Organization Collaborating Centre for Health Promotion Research. Staff at the Centre produce high quality research that supports the development of best practice and policy in Health Promotion.

Employment and career opportunities

Career opportunities for graduates of the Health Promotion programme can be found in the public, private and voluntary sector. Previous graduates are working in:

- Public and private health services
- Educational establishments
- Research institutes
- Government departments
- Community resource centres
- National and International NGOs.

Core Modules	Optional Modules
Foundations of Health Promotion	Promoting Healthy Behaviours
Research Methods	Promoting Mental Health and Social Wellbeing
Health Promotion Practice	Re-orienting the Health Services
Determinants of Health	Supportive Environments for Health
	Evaluation of Health Promotion Programmes
	European Dimension
	Knowledge Translation in Health and Social Care Research

Modules

To complete the programme, students must undertake four core modules and four optional modules. MA students must also complete a dissertation. The optional modules are listed here. Availability may vary from year to year. The core Health Promotion Practice module incorporates a professional work placement with supporting skills and practice development tuition. Modules include a blend of online and on-campus activities. Through the various teaching methods employed, an excellent learning environment is created that equips students with transferable skills that go beyond the taught material and prepares graduates for future employment.

Examination and assessment

Assessment is continuous, including essays and reports. There is one oral examination as part of the assessment of Health Promotion Practice module. Dissertations are submitted within four months of completion of the taught course.

What do our past graduates say ...

Larissa Kaminsky

(MA Health Promotion Graduate, Canada)
"I decided to do my MA (Health Promotion) at NUI
Galway because the course was quite comprehensive,
the faculty members had diverse research interests,
and I was keen to immerse myself in a culture that was
not my own. Upon returning home to Ontario, Canada
after achieving my MA, I began working as a health
promoter at an Ontario Public Health Unit."

Christine Fitzgerald

(MA in Health Promotion, Ireland)

"I chose to pursue the MA in Health Promotion in NUI Galway as it is involved in exciting on-going projects which really appealed to me. I gained a comprehensive understanding of the wider picture of health and what can affect health. I found the taught element interesting and practical, while the work placement provided valuable experience in a Health Promotion role. Completing the MA has led me in a new and exciting direction ...