



INTeRACT for Health: building integrated Knowledge Translation capacity

Integrated Knowledge Translation and The INTeRACT for Health project

Integrated Knowledge Translation (iKT) is defined as "a model of collaborative research, where researchers work with knowledge users who identify a problem and have the authority to implement the research recommendations" [1]. Within healthcare in Ireland, iKT is underexplored. Few existing resources or focused events are tailored to address capacity building.

The INTERACT for Health project aims to enhance iKT capacity and resources both nationally and specifically for the HBCRG and partners working within Health and Wellbeing in the Health Service Executive (HSE).

INTeRACT workshops

Two INTERACT workshops were hosted on the 12th and 13th of June 2018, facilitated by an experienced knowledge broker, Professor Maureen Dobbins (McMaster University, Canada). Aims, attendees and content are summarised below:

Workshop 1

- Aim: Build iKT Capacity for the HBCRG, HSE Health and Wellbeing, and interested stakeholders
- Attended by: 44 participants (including 11 HSE staff and 8 HBCRG members)
- **Content:** (1) National and international speakers presented successful iKT projects related to chronic illness prevention, self-management and health behaviour change (2) information on the iKT resources participants use and their iKT needs were gathered through facilitated discussions, to inform the development of an Irish iKT toolkit.





Workshop 2

- Aim: To develop a shared HBCRG and HSE Health and Wellbeing research agenda
- Attended by: 17 participants (7 HSE staff members with strategic roles in the development and roll-out of national Health and Wellbeing programmes; 8 HBCRG members; one senior representative from the Department of Health; one senior representative from Research and Development, Strategic Planning and Transformation, HSE
- Content: (1) Presentations by policy makers, planners and researchers on barriers and facilitators to iKT, followed by panel discussions
 (2) Small group work on the development of HRB Applied Partnership Awards

Identified needs (Workshop 1 discussions)

- 1. Training in iKT processes and knowledge brokering and access to resources & tools
- **2. Funding** for iKT projects and the creation of further iKT resources
- 3. Core Infrastructure Support to develop networks and collaborations between Department of Health, HSE & academic partners
- 4. Communication forum for funders and researchers to openly discuss aims and objectives

Facilitators

Accessing & growing the evidence base

Willingness of staff to engage in creating evidence Commissioning or conducting research

Access to resources (including funding)

Money, funding, resources and incentives Knowledge brokering organisations

Organisational culture in healthcare organisations

Culture of valuing research & reflective questioning Research officers

Stakeholder involvement

Establishing activities, partnerships & collaborations Co-production of knowledge at every stage Researcher placements within health service organisations

Barriers

Accessing, interpreting & applying evidence base

Complex manner in which research is presented Difficulty in identifying & obtaining relevant material



Limited resources

Limited funding and lack of resources for implementation Mismatch between funding timeline and knowledge user needs

Organisational policies & culture in healthcare organisations

Lack of motivation for change Lack of research culture and iKT facilitation Complexities of research tendering processes

Differing stakeholder priorities

Research which is incompatible with scalability Lack of shared goals (researchers/policy makers)

Co-developed Actions (Workshop 2)

Actions	Timescale
HBCRG to propose to the HRB & HSE to run a brokering event for Irish healthcare researchers and policy	September 2018
makers/planners to facilitate iKT collaborations	
HBCRG to propose to the HRB to run an Applied Partnership Award training day for potential academic and	September 2018
knowledge user applicants	
HBCRG to organise a follow-up iKT training event to build iKT skills and strengthen networking opportunities for	November 2018
those interested in iKT	
HBCRG to collate existing iKT resources including workshop presentations into an online open access toolkit	December 2018
HBCRG to advocate for infrastructure support for iKT with the HRB/Department of Health/HSE	September 2018
HSE health partners to form a working group to consolidate workshop learning and develop new iKT initiatives.	December 2018

HBRCG, NUI Galway

Professor Molly Byrne, Director, HBCRG	Dr Chris Noone, Postdoctoral Researcher	
Dr Bláthín Casey, Postdoctoral researcher	Ms Valerie Parker, Strategic Development and Project Manager	
Ms Marita Hennessy, PhD student	Dr Elaine Toomey, Postdoctoral Researcher	
Dr Jenny McSharry, Deputy Director, HBCRG	Dr Deirdre Walsh, Postdoctoral Researcher	
Dr Oonagh Meade, Postdoctoral Researcher		

HSE

Ms Martina Blake, National Tobacco Free Ireland Lead	Ms Sarah O'Brien, Healthy Eating and Active Living Lead
Dr Mary Morrissey, Psychology Lead, Health Intelligence	Ms Mary Clare O'Hara, Programme Manager Research &
Ms Maeve O'Brien, Research & Policy Officer, Sexual Health & Crisis	Development, Strategic Planning & Transformation
Pregnancy Programme	Ms Marion Rackard, Project Manager, Alcohol Programme
Dr Maria O'Brien, Making Every Contact Count Lead	Ms Aishling Sheridan, Research Officer, Department of Public Health

Department of Health

Dr Robert Murphy, Senior Economics Research Officer, Research Services Unit

McMaster University, Canada

Prof Maureen Dobbins, Scientific Director, National Collaborating Centre for Methods and Tools

The INTERACT for Health project is funded through a Health Research Board (HRB) Knowledge Exchange and Dissemination Scheme Award and is led by Professor Molly Byrne and Dr Oonagh Meade at the Health Behaviour Change Research Group (HBCRG) at NUI Galway.

oonagh.meade@nuigalway.ie

www.nuigalway.ie/hbcrg

ahbcrg #HBCRGinteract





